



Only Speak Knowledge; Find Comfort in Conflicts

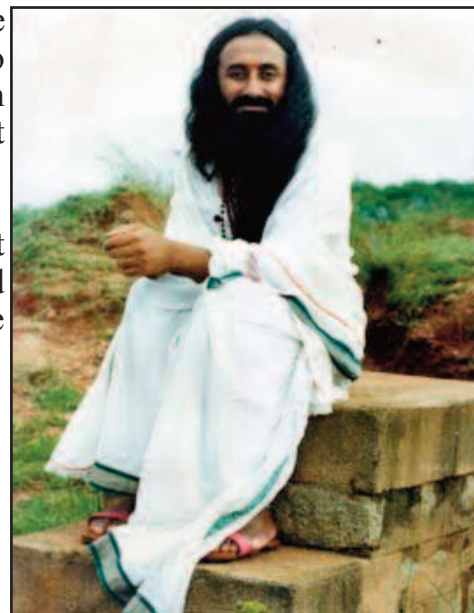
(Since June 1995, people around the world began to eagerly await for the weekly note of practical wisdom from Sri Sri. It started out as a simple exchange with people wherever Sri Sri was travelling. Later, people began to add a weekly “news flash” to convey the events surrounding Sri Sri on his extensive travels.

Sri Sri gave this knowledge sheet on July 4, 1995 in Toronto, Canada.)

Only speak knowledge. Don't repeat anything bad that someone tells you about someone. And don't listen to someone who tells you that “so-and-so said such-and-such” about you. When someone comes to tell you such things, discourage them. Don't believe it.

If someone blames you directly, don't believe in what they say. Just know that they are taking away your bad karma and let it go. And if you're one of the Master's close ones, you will take all the blame of the world with a smile.

When you blame someone,
you take on their bad karma;
When you praise someone,
you take on their *good* karma;
Surrender both *good* and bad
karma to the Divine – and be *free*.



Conflict is the nature of the world; comfort is the nature of the Self. Amidst conflict, find the comfort. When you are tired of conflicts and the games of the world, get into the comforts of the Self. When you are bored with comfort, get into the games of the world. If you are one of the Master's close ones, you do both simultaneously.

People who love peace do not want to fight, and those who fight do not have peace. What is needed is to be peaceful within and then fight. Just trying to end a conflict only prolongs it. Instead, face the conflict while seeking the comfort of the Self.

Does this ring a bell? This is the whole message of the Bhagavad Gita: Krishna tells Arjuna to be centered in peace and to fight at the same time.

God is alive in the world and has been putting up with all conflicts throughout the ages. If God can put up with all these conflicts, you can too. And the moment you agree to be with a conflict, it no longer appears as a conflict to you.

The nature of this world is that once you resolve one conflict, another arises. For example, Russia is solved and then Bosnia is in trouble. Or you get a cold, then you get better – then your back hurts, then it gets better. And when your body is fine, then the mind goes. Things in this world run this way, don't they?

Without any intention, misunderstandings simply happen and conflicts arise. It's not up to you to resolve them. Just be with them and be alive! *(From 'An Intimate Note to the Sincere Seeker, Volume 1, Topic 4)*