



# THE ART OF LIVING's CONTRIBUTION

**TOWARDS THE** 

# 1<sup>ST</sup> INTERNATIONAL DAY OF YOGA

21<sup>ST</sup> June 2015





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## An Overview

### Art of Living Foundation

Founded in 1981 by Sri Sri Ravi Shankar, The Art of Living is an educational and humanitarian movement engaged in stress-management and service initiatives. The organization operates globally in 155 countries and has touched the lives of over 370 million people.

The programs are guided by Sri Sri's philosophy of peace: "Unless we have a stress-free mind and a violence-free society, we cannot achieve world peace." To help individuals get rid of stress and experience inner peace, The Art of Living offers stress-elimination programs which include breathing techniques, meditation and yoga. These programs have helped millions around the world to overcome stress, depression and violent tendencies.

The Art of Living movement has spread peace across communities through diverse humanitarian projects in several areas, including conflict resolution, disaster relief, sustainable rural development, women empowerment, prisoner rehabilitation, education for all, and environmental sustainability.

### Art of Living Yoga

The Art of Living Yoga is holistic way of life that integrates all elements of the ancient knowledge of yoga, for a prayerful discipline uniting the body, mind and soul. Along with the series of simple yet effective yoga postures and breathing techniques, great emphasis is placed on the inner experience of meditation for the wellbeing of the mind and other hidden elements of human existence.

We believe when one is in harmony within, the journey through life becomes calmer, happier and more fulfilled. In a mere 34 years, Art of Living programs and initiatives have touched the lives of over 370 million people in 155 countries.



### **DECLARATION:**

#### United Nations

A/RES/69/131



### General Assembly

Distr.: General 9 January 2015

Sixty-minth session Agenda item 124

### Resolution adopted by the General Assembly on 11 December 2014

[without reference to a Main Committee (A/69/L.17 and Add.1)]

#### 69/131. International Day of Yoga

The General Assembly,

Recalling, its resolutions 66/2 of 19 September 2011 on the Political Declaration of the High-level Meeting of the General Assembly on the Prevention and Control of Non-communicable Diseases and 68/98 of 11 December 2013 on global health and foreign policy.

Reaffirming General Assembly resolutions 53/199 of 15 December 1998 and 61/185 of 20 December 2006 on the proclamation of international years, and Economic and Social Council resolution 1980/67 of 25 July 1980 on international years and anniversaries,

Noting the importance of individuals and populations making healthier choices and following lifestyle patterns that foster good health,

Underscoring the fact that global health is a long-term development objective that requires closer international cooperation through the exchange of best practices aimed at building better individual lifestyles devoid of excesses of all kinds.

Recognizing that yogs provides a holistic approach to health and well-being,

Recognizing also that wider dissemination of information about the benefits of practising yoga would be beneficial for the health of the world population.

- 1. Decides to proclaim 21 June the International Day of Yoga:
- 2. Invites all Member and observer States, the organizations of the United Nations system and other international and regional organizations, as well as civil society, including non-governmental organizations and individuals, to observe the International Day of Yoga, in an appropriate manner and in accordance with national priorities, in order to raise awareness of the benefits of practising yoga;
- Stresses that the cost of all activities that may arise from the implementation of the present resolution should be met from voluntary contributions;
- Requests the Secretary-General to bring the present resolution to the attention of all Member and observer States and the organizations of the United Nations system.

69th plenary meeting 11 December 2014





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# International Day of Yoga

### INTRODUCTION

On December 11, 2014, the United Nations General Assembly declared June 21st as the International Day of Yoga (IDY). The declaration came after the call for the adoption of June 21st as the International Day of Yoga by Hon'ble Indian Prime Minister, Mr. Narendra Modi during his address to UN General Assembly on September 27, 2014.

This report lists the global initiatives undertaken by the Art of Living foundation for celebrations of the first Internationals Day of Yoga on 21<sup>st</sup> June 2015.

"Yoga helps a human being to unfold his full potential. Yoga improves the quality of life which is so much needed today. Yoga can wipe the tears and bring the smile on every face. It can bring celebrations and skill in everyone's life. So let's celebrate this World Yoga Day with zeal and enthusiasm...and reach out this precious, ancient knowledge to every human being on this planet."

-- Sri Sri Ravi Shankar, Humanitarian and Spiritual Leader





### International Day of Yoga events with Sri Sri Ravi Shankar in USA



HEAD QUARTERS OF THE UNITED NATIONS, NEW YORK



SRI SRI ADDRESSES YOGIS AT TIMES SQUARE, NEW YORK



YOGA: A NEW DIMENSION AN AOL EVENT AT LINCOLN CENTER, NEW YORK





# AT A GLANCE









## **ACTIVITY REPORT - INDIA**





### ANDHRA PRADESH & TELANGANA

Participants: 71,211 Outreach: 7,12,110

Venues: 90

### Event details

In Andhra Pradesh, Art of Living volunteers celebrated IDY:

Adilabad, Hyderabad, Karimnagar, Khammam, Kurnool, Mahabubnagar, Medak, Nalgonda, Nizamabad, R.R.district, Secunderabad, Tanuku, Visakhapatnam and Warangal

5000 People participated in IDY celebrations organised at Port Stadium and 3000 participated in IDY celebration at Police Parade Ground Visakhapatnam

8400 Participated in IDY Celebration at Lal Bahadur Shastri Stadium, Sports Complex, Gachibowli, Gymkhana Grounds, Kotla Vijaya Bhaskar Reddy Indoor Stadium, Saroor Nagar Stadium, Cycling Velodrome, O.U. Campus, Dr. B.R Ambedkar Stadium, and BHEL across Hyderabad and Secunderabad.

Eminent personalities and Minters and Government Officials graced the occasion.

R. Subhash Reddy (High Court Justice), Madhu Shalini (Tollywood Actress), Dinakar Babu (Managing Director, Sports Authority Of Telangana State) and Rishi Devavrat Ji from Art of Living. Padmashree Pullela Gopichand (Badminton Player) and Bandaru Dattatreya (Minister for Labour & Employment) G. Parameshwar (State Organizing Commissioner of Bharat Scouts & Guides) and Swami Pushparanjanji

Lakshma Reddy (Health Minister), Maganti Gopinath (Jubilee Hills MLA) Noothi Ram Mohan Rao (High Court Jugde), Naina Jaiswal (Table Tennis Player) N. Ravi Chander Ji (Executive Director, BHEL), Ramana Murthy Ji – Deputy General Manager, BHEL, Kalikeshwariah Ji – President, Community Centre BHEL And Raja Gopal Ji

1400 Employees of different departments of Railways in and around Hyderabad participated in IDY at Railway Recreation club ground. This event was graced by GM South Central Railway Zonal Railway training Institute, Moula Ali. Other venues included IRISET, Railways Centre for Railway Information system Secunderabad and DRM office Hyderabad.

700 Students of Railway Mix High School also celebrated IDY with Art of Living.

Staff of National Remote Sensing Centre ISRO Hyderabad and Missile System Quality Assurance Agency (DRDL) Participated in IDY celebrations conducted by Art of Living.

Staff of Apollo Hospital Kakinada participated in IDY.



ART OF LIVING organised IDY for the employees of SBI Koti Hyderabad, Container Corporation of India Secunderabad, Ministry of Skill development, TATA Tele Services Shamshabad, Vikas Cement plant Ranga Reddy Dist., Kazipeth Diesel shed and many more.

ART OF LIVING organised IDY events at several school colleges and education institutes across state more than 20000 students enjoyed the yoga sessions.

4000 citizens of Pedaveedu, Mattampally Mandal, and Nalgonda Dist. enjoyed yoga sessions.

Devotees of Mallikarjuna Temple Warangal joined IDY celebrations.

1190 Inmates from 5 Jails across both states joined in the IDY celebrations.





VISAKHAPTNAM





**ANANTAPUR** 

VIZIANAGARAM

ANANTAPUR







ANANTAPUR VISAKHAPATNAM





ANANTAPUR



PARTICIPATED IN IDY CELEBRATION AT POLICE PARADE GROUND, AP



### **BIHAR**

Participants: 5,800 Outreach: 58,000

Venues: 8

### Event details

In Bihar Art of Living volunteers celebrated IDY:

Students of Bihar Veterinary College, Patna Bal Vikas Kendra Buxar, Government High School East Chaparan enjoyed the Yoga sessions.

Art of Living Teachers trained NCC cadets for 2 months as preparation for IDY

All locations experienced the 35 minutes Government Yoga Protocol led by Art of Living volunteers and teachers.





GAYA GAYA





GAYA RAXAUL



### CHATTISGARH

Participants: 44,700 Outreach: 4,47,000

Venues: 15

### Event details

In Chattisgarh, Art of Living volunteers celebrated IDY at:

Bhilai, Dandagaon, Dawa, Dev Tikra, Khamaria, Lahpatra, Lakhanpur, Namna, Pampapur and Raipur.

Art of Living conducted IDY events for 500 Employees of South Eastern Coalfields Limited, Chattisgarh State Power Generation Co. Limited, Hasdeo Thermal Power Station in Korba district.

Staff of Dainik Bhaskar Press and SEC Railway Raipur enjoyed IDY Celebration events.

500 Citizens of Bilaspur Participated in IDY at District Sports Complex.

Korba Police personnel and CISF Jawans from Bhilai performed Government Yoga Protocol.

IDY was celebrated in Villages of Dawa, Namna Nunera, Khamaria, Devtikra and Lundra at their Gram Panchayats and Samudayik Bhavans.

3500 Students of various schools, colleges and educational institutes participated in IDY events and performed the 35 minute Government Yoga Protocol.

1710 Inmates of 5 jails spread across the state benefitted from yoga sessions.

2350 Citizens of Ambikapur enjoyed yoga session at Gandhi Stadium.



AMBIKAPUR, SARGUJA







VANI VIHARVADHVA H.S. SCHOOL, RAIPUR



BHARATIYA SANSKRITI H.S. SCHOOL, RAIPUR



ANGEL VALLEY SCHOOL, BHILAI



RADIANT PUBLIC SCHOOL, RAIPUR



DURG



KENDRIYA VIDYALAYA, JASHPUR







NORTH CHATTISGARH

DURG





BHILAI

BASTAR





BASTAR

ST. XAVIER'S PUBLIC SCHOOL, KORBA







NTPC SCHOOL, KORBA

BASTAR



HARI SHANKAR SHUKLA SCHOOL, RAIPUR



### **DELHI**

Participants: 1, 15,217 Outreach: 11, 52,170

Venues: 83

### Event details



7000 Art of Living Volunteers joined in the IDY Celebration at Raj Path with Hon'ble Prime Minister of India Shri. Narendra Modi. International Art of Living Volunteers from 8 countries participated in making of the Guinness World Record where people from 84 different nationalities had participated.

2,000 gathered for IDY celebration at Noida Stadium. Swami Paramtej from Art of Living led the Government Protocol. Dr. Mahesh Sharma Minister for Culture, Tourism and Civil Aviation (Government of India) and local MLA Vimla Batham enjoyed the Yoga session.

In Delhi IDY celebrations were held by Art of Living at 28 Police Stations. 225 Police cadets participated at parade ground Kingsway Camp Model Town. 100 Students from Shyam Lal College, Shahdara Participated. 1000 Residents of Krishna Garden, Om Vihar enjoyed IDY.

600 residents of Police lines participated in IDY celebration.



THOUSANDS JOIN P.M. NARENDRA MODI AT RAJPAT







ART OF LIVING VOLUNTEER PLAKOR, AT RAJPAT

NEW DELHI





SHASTRI PARK

PARADE GROUND POLICE LINES





PITAMPURA

POLICE OFFICIALS IN DELHI







VIKASPURI



GYM IN EAST DELHI



PCR MODEL TOWN



OLD POLICE LINES OPP. TEES HAZARI



SHRINIVASPURI SHRINIVASPURI



### **GOA**

Participants: 10,500 Outreach: 1,05,000

Venues: 49

#### Event details

In Goa, Art of Living Volunteers celebrated the IDY at:

Ambikapur, Arambol, Balli, Bambolim, Bastora, Bicholim, Calangute, Codli, Cuncolim, Curchorem, Juvem, Khandola, Mapusa, Marcel, Margoa, Navelim, Pairye, Panjim, Pernem, Pilerne, Ponda, Porovorim, Quepem, Sanquelim and Vasco.

IDY celebrations were held in a total of 64 locations.

85 Goans performed Yogasana at Colva Beach, Margao.

Trainees of Military Engineering Services Camp, Bambolin participated in IDY event.

900 Citizens of Ponda Participated in IDY at Goa Sports Complex.

40 Children from Sister Adorers Children Home Celebrated IDY and 55 Kids from Chetana Special Kids School participated in the celebrations organized by Art of Living for them.

600 devotees joined IDY celebrations at Mahalakshmi Temple Panaji, Hanuman Temple Bicholim, Sai Mandir and Sateri Mandir in Mapusa, Goa.

7760 Students from Various Educational Institutions participated in IDY events

Jawans of CISF, Vasco participated in the IDY event and performed the 35 minutes' Government Yoga Protocol.









SANQUELIM



TRAINEES OF MILITARY ENGINEERING SERVICES CAMP, BAMBOLIN

GOA SPORTS COMPLEX, QUEPEM



JAWANS OF CISF, VASCO



CHILDREN FROM SISTER ADORERS CHILDREN'S HOME, PANJIM



### **GUJARAT**

Participants: 9,27,100 Outreach: 92,71,000

Venues: 1150

### Event details

In Gujarat Art of Living Volunteers celebrated the IDY at:

Ahmedabad, Bhavnagar, Kheda, Rajkot, Surat, Surendranagar, Vadodara and Vyara.

Art of Living reached 6,20,000 people in Surat District alone with 900 Venues including SMC schools and two Mega Events at Sarsana and Tapi River front. Art of Living Trained 2800 teachers across Surat district for all schools under District Education Officer including 300 schools of Surat Mahanagarpalika.

10000 citizens of Rajkot gathered at Race Course ground to celebrate IDY with Art of Living.

Besides Surat, more than 200 schools in Gujarat practiced Government Yoga protocol and celebrated IDY. 1200 Nadiad residents participated in IDY at SRP camp.

Approximately 2000 employees of companies like Kribhko and Essar in Surat participated.

961 Inmates from 4 Jails benefited from Yoga sessions conducted by ART OF LIVING teachers on IDY.



SURAT









RAJKOT KUTCH BHUJ





GODHARA GANDHIDHAM





VADODARA JAMNAGAR







SURAT SURAT





SURATJAIL SURENDRANAGAR JAIL





SURAT JAIL SURENDRANAGAR JAIL







AHMEDABAD



LODRA



NADIAD OLPAD





ADAJAN PATIA, SURAT

PATAN







VADODARA VADODARA





AHMEDABAD GARIYADHAR





JETPUR GANDHIDHAM



### **HARYANA**

Participants: 51,450 Outreach: 5,14,500

Venues: 41



In Haryana Art of Living Volunteers celebrated the IDY at:

Rewari, Ambala, Hisar, Karnal, Panipat, Jind, Rohatak, Sirsa and Sonipat districts.

Central Jail at Kaithal and Karnal had total 1050 inmates participate in the celebrations.

District Jail Rewari had 125 inmates join the event organized by Art of Living.

IDY celebrations were held in a total of 88 locations across the state.



**AMBALA** 









JHAJJHAR JIND





WOMEN'S COLLEGE BHARTIYA VIKAS PARISHAD





S.D. MAHILA MAHAVIDYALAYA, HANSI

ROHTAK



### HIMACHAL PRADESH

Participants: 57,200 Outreach: 5,72,000

Venues: 74

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### Event details

In Himachal Pradesh Art of Living volunteers celebrated IDY at:

Shimla, Dharamshala, Baddi, Kullu, Una, Solan, Hamirpur, Nahan, Sunder Nagar, Parvanoo and Kinnaur.

Hon'ble Minister of Human Resource Development (Government of India) Ms. Smriti Zubin Irani presided over the event, attended by Police personnel and general public at The Ridge, Shimla.

500 participated in the Yoga Day Celebration organised by Art of Living at Reckong Peo situated at the height 2290 metres.

1170 inmates of Sub Jail Una, open Air Jail Bilaspur, Kanda Prison, Shimla and Central Jail, Nahan also jined in the celebrations for the International Day of Yoga and performed the 35 minutes' Government Yoga Protocol.



SHIMLA







RIDGE, SHIMLA

SHIMLA EVENT WITH INDIA'S HDR MINISTER





JOGINDAR NAGAR

JOGINDAR NAGAR





HAMIRPUR

RAMPUR BUSHAIR



HRD MINISTER MS SMRITI IRANI INAGURTING IDY CELEBRATIONS IN SHIMLA BY LIGHTING TRADITIONAL LAMP



MANDI



DHARAMSHALA



SUNDERNAGAR



### JAMMU & KASHMIR

Participants: 3100 Outreach: 31,000

Venues: 5

### Event details



700 CRPF jawans in Bantalab, 300 Prisoners, 1000 Jammu University students, 1100 children from Government Higher Secondary School participated in the IDY celebrations and performed the 35 minutes' Government Yoga Protocol.





GOVT. COLLEGE, JAMMU

BANTALAB ARMY, JAMMU







RALLY FOR SPREADING AWARENESS FOR IDY, BANI

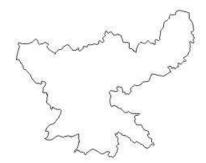


### **JHARKHAND**

Participants: 76,235 Outreach: 7,62,350

Venues: 52

### Event details



In Jharkhand, Art of Living volunteers celebrated IDY at:Bokaro, Chaibasa, Chatra, Dhanbad, Hazaribag, Jamsedhpur, Jamtara, Latehar, Lohardaga, Morahbadi, Ranchi and Saraika.

Ranchi University celebrated the event with 5000 students and staff members attending the program. 6000 people celebrated IDY at Jawaharlal Nehru Stadium, Chatra.

7000 citizens of Bokaro gathered at Library Maidan to celebrate the IDY.

Art of Living conducted IDY events at companies such as TATA Power Limited and TISCO Dhanbad. IDY event was organized by Art of Living at Panchayat Bhavan, Padma, Hazaribaug 120 children at the orphan Center Nawabganj Hazari Baug celebrated IDY.

International Day of Yoga was also celebrated at the KFC restaurant in Ranchi.

Students and staff of Rajendra Institute of Medical Sciences, Ranchi celebrated IDY

7185 Prisoners in Ghaghidih Jail Male and Female ward, Jamshedpur, Chas Jail Bokaro, Chaibasa Jail, Tenu Ghat Jail Bokaro, Saraikela Jail, Latehar Jail and Hazari Baug Central Jail participated in the International Day of Yoga Events.





DHANBAD

DHANBAD PUBLIC SCHOOL





RANCHI





CHAIBARA JAIL



TATISILWAY, RANCHI



RANCHI LOHARDAGA







RANCHI



RANCHI



RANCHI UNIVERSITY

RANCHI UNIVERSITY



RANCHI









RANCHI



JAMSHEDPUR



RANCHI



RANCHI UNIVERSITY



ART OF LIVING CENTER, JAMSHEDPUR



### KARNATAKA

Participants: 65,250 Outreach: 6,52,500

Venues: 86

# The state of the s

### Event details

In Karnataka, Art of Living volunteers celebrated IDY at:

Bangalore, Bellary, Darwad, Haveri, Hubli, Kolar, Kumta, Mandya, Mysore and Shimoga

Art of Living International Centre, Bangalore celebrated the International Day of Yoga with over 5000 participants who enjoyed the various events highlighting various aspects of yoga such as: Bhakti Yoga, Gyan Yoga, Raj Yoga, Hath Yoga and Karma Yoga. Ayurvedic Food Festival offered delicious recipes specially designed for the occasion. A Yoga theme based drawing competition saw participation from young and old alike, who expressed the beauty of Yoga in vibrant colours. Free Netra Jyoti eye exercise and consultation as well as an Ayurvedic health check-up camp was organized for the public on this day.

3000 officers, Airmen and their families celebrated IDY at the Air Force Station Bangalore. CRPF jawans in Kagglipura also celebrated the day with the 35 minutes' Government Yoga Protocol.

In Bangalore City, Art of Living Celebrated IDY at 13 major venues.

Prisoners and staff of Central Jail Dharwad also celebrated the IDY event.

Various organizations and Institutes including KLE Polytechnic Hubli, Decathlon Bangalore celebrated the event.

Member of Institute of Engineers (Mysore Chambers and Commerce Industry) organized a special IDY

event in Mysore.



ART OF LIVING INTERNATIONAL CENTER, BANGALORE







THE ART OF LIVING INTERNATIONAL CENTER

VIDYARANGAPURA





ORIENTAL ENGLISH HIGH SCHOOL

JABIN COLLEGE, HUBLI



STUDENTS FROM VVMVP SCHOOL PREFORMING YOGA DANCE AT ART OF LIVING INTERNATIONAL CENTER, BANGALORE







DRAWING COMPETITION IN ASHRAM

SRIRAM SURBHI APARTMENTS, BANGALORE





AGRA HIGH SCHOOL, BANGALORE

MES SCHOOL, BANGALORE



BANGALORE



### **KERALA**

Participants: 1,31,850 Outreach: 13,18,500

Venues: 1025

## Event details

In Kerala, Art of Living volunteers celebrated IDY at:

Alappuzha, Cochin, Ernakulum, Idukki, Kannur, Kasaragod, Kozhikode, Malappuram, Manjeri, Palakkad, Thrissur, Trichur and Trivandrum.

Special Jail Neyyattinkara, Trivandrum and 7 other Jails across the state with more than 500 participants took part in IDY events.

Art of Living organized events for the employees and families of various organizations at Forest headquarters Trivandrum, Co-operative Bank auditorium Ernakulum, Central Excise Bhavan Ernakulum.

NCC cadets in Mallappuram were trained in the 35 minutes' Government Yoga Protocol and participated on 21 June in IDY event. Thousands of people participated across the 75 Temples of Knowledge and Ashrams in Kerala.









KASARGOD THALASERRY





KANNUR THRISSUR





KOLLAM THRISSUR







MANJERI CALICUT UNIVERSITY





CALICUT IDUKKI





SSRVM, KOCHI KIDANGOOR



### MADHYA PRADESH

Participants: 1,03,300 Outreach: 10,33,000

Venues: 51

### Event details

In Madhya Pradesh Art of Living volunteers celebrated IDY at:

Bhopal, Guna, Indore, Ratlam and Ujjain.

International Day of Yoga Events were organised at IPS Academy, Indore with 500 participants.

Pollution Control Board Bhopal also celebrated the IDY.

General public joined in the IDY celebrations being organized by Art of Living at C-21 Mall, Indore. About 2000 people participated. Another such event was organized at DB Mall Bhopal in collaboration with Dainik Bhaskar, where over 1,000 people joined.

Besides these, IDY events were organized at the Youth Hostel Bhopal, Silicon City, Narsing Vatika, Indore.

Yoga on Train was conducted by Art of Living teacher Krishna K. Mishra on board Ranthambore Express!



BHOPAL







INDORE UJJAIN





INDORE CHHINDWARA







SAGAR







BAL SUDHAR GRIHA, SIVANI

CHHINDWARA





GUNA INDORE





JAIL, SAGAR JAIL, SAGAR





INDORE, YOGA ON TRAIN RANTHAMBORE EXPRESS



INDORE, YOGA ON TRAIN RANTHAMBORE EXPRESS



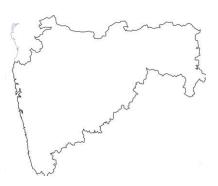
### MAHARASHTRA

Participants: 5,80,421 Outreach: 58,04,210

Venues: 901

### Event details

In Maharashtra, Art of Living volunteers celebrated IDY at:



Akola, Amaravati, Ambernath, Amravati, Aurangabad, Buldana, Chandrapur, Chilplun, Dhule, Gadchiroli, Jalgaon, Jalna, Latur, Mumbai, Nagpur, Nanded, Nandurbar, Nasik, Parli Vaijnath, Phaltan, Pune, Ratnagiri, Solapur, Thane, Wardha, Washim, Yavatmal,

IDY event was organised at Nagpur in collaboration with other NGOs. Hon'ble Chief Minister of Maharashtra Shri. Devendra Fadnavis and Hon'ble Union Minister for Road Transport and Highways Shri. Nitin Gadkari were present.

Art of Living organised a mega event in the heart of Pune city at Sanas Ground where more than 10000 people participated. All 8 MLAs of Pune city were present at this event.

Yoga by the Bay – a unique concept of Spreading awareness of Yoga for Mumbaikars was held at Marine Drive in association with other organisations. More than 8000 people participated in the event despite rain.

5000 participants including School children and differently abled children took part in IDY celebrations at CIDCO Exhibition Centre. The event was inaugurated by Belapur MLA Shri. Manda Mhatre. Art of Living teachers and Volunteers conducted Government Protocol and Surya Namaskar sessions.

4000 students participated at Mangalurti Junior college, Nalasopara. Children from School of the Blind Vile Parle, Mumbai participated

IDY events were also celebrated at Dongre Vasatigruh Ground Nasik with 1000 people. Another 1000 people participated at Hypercity Mall Thane. 2000 students participated at Government Polytechnic College Yavatmal and Nasik.

ART OF LIVING celebrated IDY with Employees of SIEMENS Aurangabad and NESCO Mumbai. 1500 farmers participated IDY at Agriculture Producer Market Committee Shed, Nandurbar

Postal ground Yavatmal saw 10000 Yogis, 2500 participated at Jijamata Krida and at Vyapari School Buldhana to name a few of the major events organized by Art of Living.

73,962 inmates from 13 Jails participated in IDY celebrations.







JHALANA ICHAL





SHRIRAMPUR MUMBAI





AMMANER

YOGA BY THE BAY - ON MARINE DRIVE







CIDCO, NAVI MUMBAI

AHMEDNAGAR





MUMBAI MUMBAI





MUMBAI NCC KOTHALI







MORSHI POLICE, MORSHI



NAGPUR





PUNE COLLEGE STUDENTS, PUNE







SHASTRA ARJUN ENGLISH MEDIUM SCHOOL, SOLAPUR

SOLAPUR





**PUNE** 

SHARADA ENGLISH MEDIUM SCHOOL, SOLAPUR







# NORTH EAST: ARUNACHAL PRADESH, ASSAM, MANIPUR, MEGHALAYA, NAGALAND, TRIPURA AND MIZORAM

Participants: 39,183 Outreach: 3,91,830

Venues: 130

### Event details



Badarpur, Baksa, Bongaigaon, Dhubri, Dhuliajan, Dibrugarh, Diphu, Duliajan, Gangtok, Guwahati, Haflong, Imphal, Orethang, Kahilipara, Karbi angling, Lumding, Maligaon, Nagaon, Najira, Nalbari, Namrup, Agartala, Shillong, Tezpur and Tinsukia.

Students from IIT Guwahati, Bodoland University, Asian Institute of Management and Technology Assam Agriculture University Guwahati, Kokrajhar Commerce College, NIT Agartala participated in IDY celebrations and performed the 35 minutes' Government Yoga Protocol.

3000 students participated at Jawahar Navoday Vidyalaya Imphal. 300 under-privilege children from SOS Village (NGO) and Guwahati Sapanalaya Children Home enjoyed Yoga day celebrations.

Commandos from Black Cat Division, Army Helipad Gangtok were trained by Art of Living teacher to perform the 35 minutes' Government Yoga Protocol. 1500 personnel of 43 & 30 Assam Rifle took part in IDY. Police reserve Personnel at Tinsukia participated in IDY following the Government Yoga Protocol. Staff of Goroimari Airport, Tejpur and Confederation of Indian Institute and Young India thoroughly enjoyed Yoga sessions conducted by Art of Living.

Officers of ONGCL Nazira, participated in IDY celebrations.

Patients of Red Cross Hospital Guwahati benefited from Yoga session conducted by Art of Living volunteers on IDY.

650 people joined Yoga demonstration at Badarpur Railway Station. 770 inmates from 5 Jails of North East learned Pranayama and relaxation techniques.

Devotees of Devi Kamkhaya also celebrated IDY at the Temple premises.

5200 participants celebrated IDY at Veterinary filed, Guwahati organised by Neharu Yuva Kendra, NSS and Art of Living.







ABHYAPURI ABHYAPURI





DIMA HASAO SHILLONG





TRIPURA ABHYAPURI







SHILLONG SHILLONG





MANIUR GUWAHATI



DIMA HASAO







DIMA HASAO DIMA HASAO





ABHYAPURI DIMA HASAO





SHILLONG MALIGAON, ASSAM



### **ODISHA**

Participants: 3,01,630 Outreach: 30,16,300

Venues: 434

### Event details

In Odisha, Art of Living volunteers celebrated IDY at:

Balasore, Berhampur, Bhubaneshwar, Chilika, Damanjodi, Paradip, Raygada, Rourkela and Sundargarh.

Students from 300 Government school from Bargarh Dist. were trained in Government Yoga Protocol to perform on 21 June.

1000 Jawans from CRPF performed Yogasanas at CRPF Stadium, Bhubaneswar

Jawans of Central Industrial Security Force (Paradip) participated in IDY celebrations.

3000 Citizens of Paradip, celebrated IDY.

Students and staff of NIT Rourkela participated in IDY

550 Inmates participated in IDY at the Bhubaneswar jail.

Hundreds of devotees of Lord Jagannath also celebrated IDY at the Temple premises. 1000 Railway staff, senior officers along with General Manager, NF Railway Mr Ranjit Singh Virddi and Medical Director, Chief Mechanical Engineer and many more with family participated in IDY.



BHUBANESWAR







DHENKANAL

CENTRAL INDUSTRIAL SECURITY FORCE, PARADIP





ALERA VILLAGE - NARSINGHPUR

SHISHU MANDIR, NARSINGHPUR



### PUNJAB & CHANDIGARH

Participants: 148,500 Outreach: 14,48,500

Venues: 111

### Event details

In Punjab and Chandigarh, Art of Living volunteers celebrated IDY at:

Amritsar, Barnala, Bathinda, Faridkot, Fatehgarh, Fazilka, Ferozpur, Gobindgarh, Gurdaspur, Hoshiarpur, Jalandhar, Kapurthala, Ludhiana, Mansa, Moga, Muktsar, Nabha, Nawansaha, Pathankot, Patiala, RampuraPhul, Ropar and Sangrur

Art of Living organised IDY event at Hussainiwala Indo- Pak Border.

Shahid Bhagat Singh Park Barnala saw 3000 people performing Yogasanas on IDY.

200 Defence Personnel at 16 Sub-Command Mamoon Cantt Pathankot, 600 at Army Cantt Sangrur, 1500 at Dholewal Military Cantt and 600 at Bhatinda Cantt celebrated IDY.

BSF Head Quarter Firozpur with 250 personnel, Signal Corp, Air Force Station in Amritsar with 350 personnel celebrated IDY.

33 Brigade Army Cantt with 100 personnel, 194 Army Regiment of 200 personnel and at BSF Head Quarter Faridkot, 700 Women personnel participated in IDY.

1588 Police Personnel and their families participated in IDY at Police lines Fatehgarh and Manasa.

3117 Inmates from 8 jails across state benefited from Yoga Sessions.

400 kids at SOS Children's Village, Rajpura enjoyed ART OF LIVING yoga sessions on IDY.

In Chandigarh IDY was celebrated with enthusiasm at the Taj Hotel and Kalagram.

Hospital staff in Chandigarh participated in IDY Yoga sessions.







LUDHIANA





HUSSAINIWALA, INDO- PAK BORDER

JALALABAD





JALALABAD KALAGRAM







BRD STATION, CHANDIGARH

CHANDIGARH JAIL





CHANDIGARH NEHRU PARK

CHANDIGARH, HOSPITAL



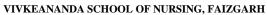


MANDI GOBINDGARH

MANDI GOBINDGARH









BHAGAT SINGH PARK, BARNALA

















DE-ADDICTION PROGRAM, CHANDIGARH

RAJPURA





GOVT. HIGH SCHOOL, GALWADDI

AMRITSAR







MANDI GOBINDGARH







NABHA SANGRUR





ABOHAR HOSHIARPUR



### **RAJASTHAN**

Participants: 1,50,000 Outreach: 15,00,000

Venues: 135

### **Event details**

In Rajasthan, Art of Living volunteers celebrated IDY at:

Alwar, Banswara, Baran, Bharatpur, Bhilwara, Bhiwadi, Bikaner, Bundi, Chittorgarh, Dholpur, Fatehpur, Jaipur, Jalore, Jhalawad, Jhunjhunu, Jodhpur, Kota, Pali, Phulera, Rajsamand, Salumbar, Sikar, Sirohi, Sri Ganganagar, Suratgarh and Udaipur

20000 Participated in Sawai Mansingh Stadium Jaipur in IDY celebrations.

Cancer Institute Bikaner celebrated IDY with 250 patients.

100 students from Vimandit School for mentally challenged, Jodhpur benefited from Yoga Sessions organized by ART OF LIVING on the occasion of IDY. 710 Patients from Army Hospital and PMC Hospital in Kota and RAG Hospital in Jaipur benefited from Yoga session conducted on IDY.

ART OF LIVING organised IDY for Dainik Bhaskar reporters and staff at their Pali, Kota and Ajmer offices.

1300 women participated in event organised by ART OF LIVING at Nari Niketan, Kota.

ART OF LIVING organised IDY events for BSF jawans at their Head Quarters, 1st Battalion and at the Air Force Station at Jodhpur, where a total 10125 defence personnel participated.

ART OF LIVING organised event at Lalgarh Cant Indo-Pak boarder Shriganganagar for Defence personnel. 2000 Defence personnel from Army Cantt Nasirabad (Ajmer) and Kota benefited from Yoga sessions. RAC battalion 13 in Jaipur 375 and 2600 in Dholpur participated in IDY.

5124 Inmates from 15 jails across Rajasthan participated in IDY.

10,100 Railway Officers, staff and workers at Ajmer, Phulera and Jaipur, Railway Training Institute Jaipur and Udaipur, and at Bikaner Railway Ground and at Railway Workshop Jodhpur participated in IDY.

2525 Employees of Ericsson, Axis Bank and Raymonds Jaipur, Vodafone, NTPC and DCM Kota LNJB Textile group Banswara, LIC Chittorgarh participated in IDY events organized by Art of Living.

20000 Students from SSRRDP School Fatehpur and Rajnagar High school Rajsamand participated in IDY.









UDAIPUR BIKANER





BIKANER BIKANER





UDAIPUR

BANI PARK THANA, JAIPUR







PHULERA BIKANER





UDAIPUR GOVT. I.T.I. JAIPUR







ART OF LIVING VOLUNTEER - SHILOO MOHAN RECEIVING APPRECIATION LETTER FROM DIRECTOR OF RAJASTHAN POLICE ACADEMY - D.L. SONI, JAIPUR



#### TAMIL NADU

Participants: 1,55,500 Outreach: 15,55,000

Venues: 65

#### Event details

In Tamil Nadu Art of Living volunteers celebrated IDY at:

Chennai, Coimbatore, Cuddalore, Dharapuram, Dindugal, Hosur, Kulithalai, Kumbakonam, Madurai, Mailaduthurai, Nagapattinam, Nagercoil, Padukottai, Palayamkottai, Pondicherry, Pudukkottai, Salem, Tanjavur, Tenkasi, Thiruvallur, Tiruppur, Trichy, Vellore and Virudhunagar,

22,850 Students from various Educational Institutions across Tamilnadu participated in IDY.

4000 citizens of Pondicherry enjoyed Yoga sessions organised by ART OF LIVING on the occasion of IDY at local beach and 1000 participated at Cauvery River Summer Beach.

Defence personnel of 117 Infantry Battalion of Territorial Army Trichy, celebrated IDY with the 35 minutes' Government Yoga Protocol.



**CHENNAI** 









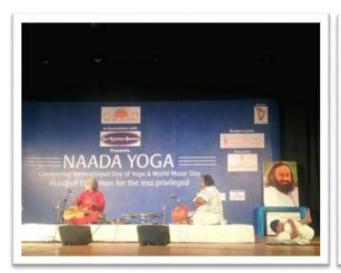
CHENNAI CUDDALORE

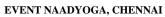




THIRUVARUR

SCHOOL IN RAMESHWARAM







COIMBATORE



# **UTTARAKHAND**

Participants: 4,120 Outreach: 41,200

Venues: 31

#### Event details

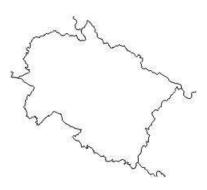
In Uttarakhand, Art of Living volunteers celebrated IDY at:

Dehradun, Mussoorie, Kedarnath and Haldwani.

Employees of DRDO, Landour, Mussoorie and ONGC Dehradun participated in IDY celebrations.

Devotees at Kedarnath temple and Ambika Devi temple Rajpur joined IDY celebrations.

Patients of Jindal Hospital, Dehradun benefited from Yoga session held in hospital premise.









MUSSOORIE

ONGC, DEHRADUN





GIRLS SCHOOL



ALMORA



KEDARNATH TEMPLE

KEDARNATH TEMPLE



#### **UTTAR PRADESH**

Participants: 65,000 Outreach: 6,50,000

Venues: 93

#### Event details

In Uttar Pradesh, Art of Living volunteers celebrated IDY at:

Agra, Aligarh, Allahabad, Amethi, Amroha, Bareilly, Bijnor, Bulandshaher, Dhampur, Eta, Faisabad, Gajrola, Hapur, Jhasi, Kasgang, Lucknow, Meerut, Moradabad, Nazibabad, Noida, Rampur, Saharanpur, Sambal, Sultanpur and Varanasi.

K.D. Singh Babu Stadium, Lucknow saw 15000 Yoga enthusiasts on 21 June IDY celebration. 10300 participated in stadium at Eta, Lucknow mini stadium, Sampoornanand stadium Varanasi.

4300 Defence personnel from CRPF Faizabad and 6th Division Bareilly joined IDY celebration.

500 Employees of North East Railway Bareilly joined IDY

Employees of IDEA and Modi Continental, Meerut participated in IDY.

2000 Inmates of Central Jail, Varanasi participated in IDY.









SIDHAPUR, KASGANJ

IFFCO, PHULPUR





FAIZABAD

CRPF FAIZABAD





MUZAFFARNAGAR

BHRAMARI PRANAYAM







SIDHAPUR, KASGANJ

ALIGARH





SIDHPURA KASGANJ

IDY DEMONSTRATION ON THE STREETS OF NOIDA





ALLAHABAD

HOTEL ELCHICO, ALLAHABAD



#### WEST BENGAL & SIKKIM

Participants: 92,466 Outreach: 9,24,660

Venues: 69

#### Event details

In West Bengal, Art of Living volunteers celebrated IDY at:

Asansol, Bally, Bankura, BudBud, Burdwan, Chandannagore, Darjeeling, Durgapur, Hooghly, Howrah, Kolaghat, Kolkata, Konnagore, Nadia, Pargana, Panagarh, Rishra, Serampore and Siliguri,

14000 Citizens of City of Joy celebrated IDY at Netaji Indore Stadium, Deshpriya Park and Bada Park.

1200 Employees of Railway Head Quarter of Eastern and South Eastern Railways, Metro Railway Board participated in IDY.

400 Defence personnel from Army Camp Jalpaiguri, CISF Kolkata and Army officers at Panagarh participated in IDY events.

210 inmates of Durgapur Subsidiary Correctional Home, Central correctional Home and Women Social Welfare Centre and Kalyani Old Age Home participated in IDY celebrations with Art of Living.

Students of National University of Juridical Sciences, Indian Institute of Scientific Education and Research Kolkata participated in IDY.

1045 Staff of Archaeological Survey of India and National Indian Museum, Kolkata participated in IDY.

500 Employees of Axis Bank Howrah, LIC Kalyani and Asansol branch celebrated IDY.

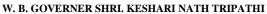
419 People participated in IDY celebration at Burdwan and Kalyani Town Hall and at Nagarakata Lions Club.

Devotees of Santoshi Ma Bari North 24 Paragana joined IDY celebrations.











HOOGLY



DURGAPUR SRI SRI GYAN MANDIR



KOLKATA



SWAMI PURNACHITANYA LEADING YOGA SESSION, SILIGURI



NADIA







HOOGLY

INDIAN MUSEUM, KOLKATTA







NEW BARRACKPORE



NETAJI INDOOR STADIUM, KOLKATA







KOLKATA HOOGLY





NETAJI INDOOR STADIUM, KOLKATA





SIKKIM

UTTAR BENGA MARWARI SEWA SAMITI, SILIGURI







# ACTIVITY REPORT INTERNATIONAL





#### **ARMENIA**

Participants: 400 Outreach: 4,000

# Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Yerevan at Tumo Park. Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds that amassed the park. The event also included a Bharatanatyam performance. Art of Living volunteers and participants were spotted in special IDY T-shirts.

Art of Living volunteer/ organizer: Apres Zohrabyan





YOGA ROUTINE BEING LED BY ART OF LIVING VOLUNTEERS



BHARATNATYAM PERFORMANCE



# **ARGENTINA**

Participation: 20,000 Outreach: 2,00,000

# Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Buenos Aires at El Dorrego Center.

Art of Living teachers and volunteers helped lead the government protocol of 35 minutes for the crowds that amassed the hall. The event took place between 1100 hrs. - 1700 hrs.



EL DORREGO CENTER, BUENOS AIRES



#### **AUSTRALIA**

Participants: 405 Outreach: 4,000

#### Event details



Art of Living volunteers organized IDY Melbourne, Perth and Sydney. Art of Living teachers and volunteers led the government protocol of 35 minutes.

In Sydney the events took place between 0645 - 1815 hrs. Yoga & Meditation Session were conducted by the Art of Living volunteers. In Perth the event was conducted at South Perth Community Center. The event took place between 0900 - 1015 hrs.

In Melbourne and Perth the event was conducted in collaboration with the embassy.

Art of Living volunteer/ organizer: Sunil K Paliwal



MELBOURNE



MELBOURNE -BLISSFUL YOG NIDRA



PERTH - SOUTH PERTH COMMUNITY CENTER



SYDNEY



# **AUSTRIA**

Participants: 300 Outreach: 3000

# Event details



Art of Living volunteers organized IDY in association with the embassy Vienna, Sigmund Freud Park / Votiv Park.

Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds.

The event was organized in collaboration with the embassy.

Art of Living volunteer/ organizer: Arben Myftari



SUN NEVER SETS ON YOGA-IDY PROMO



VOTIV PARK



#### **AZERBAIJAN**

Participants: 50 Outreach: 500

# Event details



Azerbaijan's Art of Living volunteers organized IDY at Ambassador Hotel in Baku. Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds. The event was conducted in collaboration with the embassy.





EVENT HELD AT AMBASSADOR HOTEL IN BAKU





EVENT HELD AT AMBASSADOR HOTEL IN BAKU



#### **BAHRAIN**

Participants: 700 Outreach: 7000

#### Event details

Art of Living volunteers organized IDY in association with Indian Embassy in Seqaya and Keraleeya Samajam. Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds. The event was conducted in collaboration with the embassy.

The event was a success thanks to the participation and cooperation of expat communities and the Bahraini citizens.

Art of Living volunteer / organizer: Rithin Raj.



IDY CELEBRATIONS IN ASSOSIATION WITH INDIAN EMBASSY IN SEGAYA AND KERALEEYA SAMAJAM



# **BANGLADESH**

Participants: 100 Outreach: 1,000

# Event details

Art of Living volunteers organized IDY at the Art of Living Centre in Dhaka.

Art of Living teachers and volunteers led the Government Yoga Protocol of 35 min followed by meditation sessions.





DHAKA



# **BELARUS**

Participants: 25 Outreach: 250

# Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Minsk. Art of Living teachers and volunteers led the Government Yoga Protocol of 35 min followed by meditation sessions & Art of Living Yogathon.

The program ran from 7 AM to 9 AM.



MINSK - GORKY PARK



# **BELGIUM**

Participants: 4,900 Outreach: 4,90,000

# Event details



Art of Living volunteers organized IDY in Belgium at Brussels, Ghent, Leuven and Antwerp.

Art of Living teachers and volunteers led the Government protocol of 35 minutes for the crowds that amassed.





LEUVEN

ANTWERPEN





BRUSSELS

GHENT



#### **BHUTAN**

Participants: 700 Outreach: 7,000

# Event details

Art of Living volunteers organized IDY in Bhutan at the RIGSS (Royal Institute of governance and strategic studies), Thimphu.

Swami Purnachaitanya led the government protocol of 35 minutes by asanas demonstration and Art of Living volunteers performed yoga dance. The event was in partnership with the Indian embassy and local business community.

Art of Living volunteer/ organizer: Nikki Chhetri



RIGSS (ROYAL INSTITUTE OF GOVERNANCE AND STRATEGIC STUDIES, THIMPHU



# BOSNIA AND HERZEGOVINA

Participation: 50 Outreach: 500

# Event details

Art of Living volunteers organized IDY in Bosnia and Herzegovina at Sarajevo.

Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds.





SARAJEVO



#### **BOTSWANA**

Participants: 150 Outreach: 1,500

#### Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate at Indian High Commission, Gaborone. The event was attended by Members of diplomatic corps, members of Botswana government, business leaders

Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds that amassed at the High commission of India.

The event took place between 9 AM to 11 AM.

Art of Living volunteer/ organizer: Kannan Somasekar



EVENT AT HIGH COMMISSION OF INDIA, GABORONE



# **BRAZIL**

Participants: 3,405 Outreach: 34,000

#### Event details



Art of Living volunteers organized IDY at Copacabana Beach, Rio de Janeiro; São Paulo; Santana Park, Recife; Anfiteatro do Parque do Coco, Fortaleza; Niterói; Salvador - Anfiteatro jardim dos namorados, Bahia.

Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds followed by meditation sessions.

Art of Living volunteer/ organizer: Lucia Rejane Araujo, Olga Gonzalez, Luciana, Carolina Jourdan



RIO DE JANEIRO



SAO PAULO EVENT LED BY AOL FACULTY MS. KAMLESH BARWAL

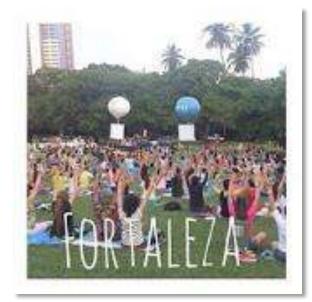


BAHIA



**NETORI** 







FORTALEZA SALVADOR



RECIFE



# **BULGARIA**

Participation: 5,440 Outreach: 54,400

# Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Sofia. It was also held at National Palace of Culture, Varna.

Art of Living teachers and volunteers led the government protocol of 35 minutes followed by meditation sessions.

Art of Living volunteer/ organizer: Konstantin.



SOFIA



#### **CAMBODIA**

Participation: 1700 Outreach: 17,000

#### Event details



Art of Living volunteers organized IDY in association with Indian Embassy in Phnom Penh at the Royal Palace. Art of Living teachers and volunteers were clad in customized white T-shirts and all participants in green t-shirts. Post this event the government decided the yoga federation, to have more yoga instructors as they believe that this will attract more tourists to Cambodia.



ART OF LIVING TEACHERS DEEPAK AND PARUL



ROYAL PALACE





35 MINUTE GOVERNMENT PROTOCOL





ROYAL PALACE



# **CANADA**

Participation: 3,216 Outreach: 32,000

#### Event details



Art of Living volunteers organized IDY in La Liga Soccer Centre, Toranto; Centurion Conference & Event Centre, Ottawa.

Art of Living teachers and volunteers led the government protocol of 35 minutes.

The event took place between 7 AM to 9 AM.

Art of Living volunteer/ organizer: Tara Verma





MISSISSAUGA



MISSISSAUGA



VANCOUVER



# **CHINA**

Participation: 4320 Outreach: 43,200

#### Event details



Art of Living volunteers organized IDY in Chine at Dr. Sun Yat San Memorial Park; Beijing University, Hong Kong; Shanghai and Hangzhou.

Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds.

Art of Living volunteer / organizer: Angel Kwok



HANGZHOU

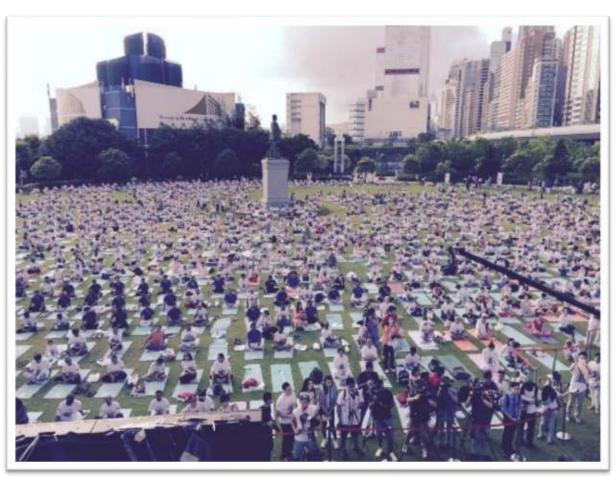


SHANGHAI



HANGZHOU





HONGKONG



# **COLOMBIA**

Participation: 100 Outreach: 1,000

# Event details

Art of Living volunteers organized IDY in Bogota.



Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds that amassed the park. This was followed by meditation sessions.



**BOGOTA- PARAUE DE LOS NOVIOS** 



# **CROATIA**

Participation: 200 Outreach: 2,000

# Event details



Art of Living volunteers organized IDY in Maksimir Park, Zagreb in collaboration with the embassy.

Art of Living teachers and volunteers led the government protocol of 35 minutes for the crowds that amassed the park.

The event was held between 7 AM to 9 AM



**ZAGREB** 



# **CYPRUS**

Participants: 40 Outreach: 400



# Event details

Art of Living volunteers organized IDY in Pallouritissa Lyceum, Christaki Christofide Street, Pallouritissa and Nicosia.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event took place between 10.00AM to 11.00 AM



# DOMINICAN REPUBLIC

Participants: 150 Outreach: 1500

# Event details



Art of Living volunteers organized IDY at the Botanical Garden of Santo Domingo.

Our sponsors were: Grupo Punta Cana, V Power, Rica, Helados Bon, Gerdau Metaldom, Planeta Azul, Helados Bon.

Eminent personalities: singer Ada Rivera / Honorary consul Campos Moya.

Art of Living volunteer / organizer: Belen Montefalcone



SANTO DOMINGO



BELEN MONTEFALCONE LED YOGA SESSION



# **EGYPT**

Participants: 200 Outreach: 2000

# Event details

Art of Living volunteers organized IDY in Cairo at Alexandria desert road.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds followed by meditation sessions.

The event took place between 7AM to 9AM.



ALEXANDRIA DESERT ROAD, CAIRO

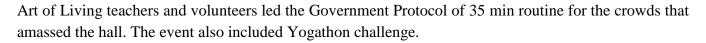


# **ESTONIA**

Participants: 300 Outreach: 3000

### Event details

Art of Living volunteers organized IDY in Tondiraba ice hall, Tallinn.



Ambassador Shri. Ashok Kumar Sharma gave the opening speech

The event took place between 7AM to 9AM.



TONDIRABA ICE HALL, TALLINN







YOGATHON CHALLENGE



MUSICAL PERFORMANCE



35 MIN GOVT. PROTOCOL FOR IDY



# **ETHIOPIA**

Participants: 300 Outreach: 3000

# Event details



Art of Living volunteers organized IDY at the Ballroom of Hilton Hotel, Addis Ababa.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed.

The event took place between 9AM to 1PM.



HILTON HOTEL, ADDIS ABABA



# **FINLAND**

Participants: 400 Outreach: 4000

# Event details

IDY celebrations were held in Merisataman Ranta, Helsinki.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that gathered.

The event took place between 7AM to 9AM.



HELSINKI



EVENT IN COLLABORATION WITH EMBASSY

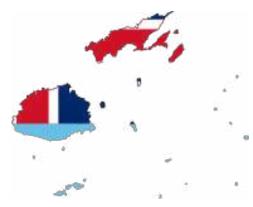




# **FIJI**

Participants: 200 Outreach: 2000

### Event details



Art of Living volunteers organized IDY in Girmit Centre Hall, Lautoka, and Suva.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that gathered.

The event took place between 7AM to 9AM.

Art of Living volunteers were dressed in white IDY t-shirts.



YOGATHON CHALLENGE





ASANAS AT GIRMIT CENTER, LAUTOKA



MEDITATION AT GIRMIT CENTER, LAUTOKA



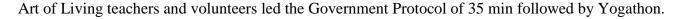


#### **FRANCE**

Participants: 2820 Outreach: 28200

#### Event details

Art of Living volunteers organized IDY in Grand Rond, Toulouse and Marseille.



There were 2 events, one was on the boat with 100 people sailing down Seine River. This was organized by Art of Living France in association with the Indian Embassy. There were press on board as well.

The 2nd event was at the Parc de Villette organized in partnership with the Indian Embassy with 2600 people. A senior Art of Living member was the MC at the event.

We raised funds for Nepal, with the help of sponsors like Yogi Tea, Nature & Vitalité and Yogimag. Participants did 108 Sun Salutations with teams or alone, to celebrate this first International Day of Yoga.



ASANAS IN A FLOW – YOGA ON THE BOAT, ORGANISED IN COLLABORATION WITH THE INDIAN EMBASSY





TOULOUSE



MARSEILLE



# **GERMANY**

Participants: 1410 Outreach: 14000

# Event details

Art of Living volunteers organized IDY in Brandenburg gate, Pariser platz, Berlin; Hamburg; Nidda Park, Frankfurt and Munich.



The event timings were as follows:

Art of Living Center, Oppenau	7 AM to 9 AM
Brandenburg gate, Pariser platz, Berlin	03.00 PM to 05.00 PM
Hamburg	7 AM to 9 AM
Nidda Park, Frankfurt	10.30 AM - 3.30 PM
Munich	7 AM to 9 AM



BERLIN - WITH SWAMI JYOTHIRMAYAH



HAMBURG





NIDDA PARK, FRANKFURT



ART OF LIVING CENTER, OPPENAU



MUNICH



# **GHANA**

Participants: 45 Outreach: 450

### Event details

Art of Living volunteers organized IDY in Academic city Accra & Mplaza Hotel, Accra.

Art of Living teachers and volunteers led the Government Protocol of 35 min Followed by meditation sessions.

The event took place between 7 AM to 9 PM.



ACADEMIC CITY, ACCRA



YOGA AT ACADEMIC CITY, ACCRA



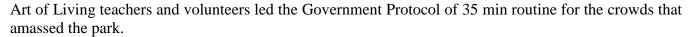


### **GREECE**

Participants: 300 Outreach: 3000

### Event details

Art of Living volunteers organized IDY in Neos Kosmos Park, Athens.



This day brought together over forty yoga schools in Athens. Talks and yoga classes from many different disciplines and well attended by both Athens yogis and the general public. The concepts and ideals of yoga were introduced to the whole city on Sunday June 21st by many beautiful teachers.

Art of Living volunteer Judi Miles was the organiser.



NEOS KOSMOS PARK, ATHENS



EXPERIENCE SHAIRING



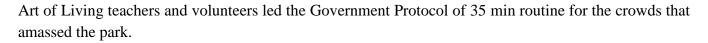


# **GUATEMALA**

Participants: 300 Outreach: 3000

# Event details

Art of Living volunteers organized IDY in Arkadia Center, Arkadia.





ARKADIA CENTER, ARKADIA





#### HUNGARY

Participants: 2060 Outreach: 21000

#### Event details



Art of Living volunteers organized IDY in Citadella Budapest, Bálna Budapest.

Municipality sponsored the event by giving free venue. Secretary of State for Sport and Youth was present, and from the municipality as well as the Ambassador of India to Hungary HE Rahul Chhabra. The Hungarian post released a special stamp for the event. ART OF LIVING released a new book from S.S. Ravi Shankar in Hungarian (Celebrating Silence) as part of the ceremony. Swami Vaishampayan was here as the main guest, and had the first and longest session. Many other yoga studios were presented or participated. ART OF LIVING played key role in organisation.



CITADELLA BUDAPEST, BÁLNA



SWAMI VAISHAMPAYAN LED YOGA SESSION





SWAMI VAISHAMPAYAN LED YOGA SESSION



SECRETARY OF STATE FOR SPORT AND YOUTH



NEW POSTAL STAMP ISSUED TO OMMEMORATE IDY



### **INDONESIA**

Participants: 8600 Outreach: 86000

### Event details



Art of Living volunteers organized IDY in TAM an Menteng, Bung Karno Gelora Senyan, Jakarta; Brawijaya Golf Range, Surabaya, Puputan Square, Denpasar, Bali

Art of Living teachers and volunteers led the Government Protocol of 35 min followed with meditation sessions.



**JAKARTA** 



TAM AN MENTENG, BUNG KARNO GELORA SENYAN, JAKARTA





BALI



SURBHAYA



SURBHAYA



# **IRAN**

Participants: 100 Outreach: 1000

# Event details

Art of Living volunteers and teachers organized IDY.





TEHRAN

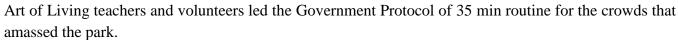


# **IRAQ**

Participants: 100 Outreach: 1000

# Event details

Art of Living volunteers organized IDY in Baghdad.



The event took place 7 AM onwards.



BAGHDAD







KURDISTAN



KURDISTAN



YUKKA



# **ITALY**

Participants: 50 Outreach: 500

# Event details

Art of Living volunteers organized IDY in Rome and Milan

Art of Living teachers and volunteers led the Government Protocol of 35 min routine followed by a Yogathon.



ROME



MILAN



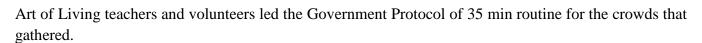


# **IVORY COAST**

Participants: 550 Outreach: 5500

# Event details

Art of Living volunteers organized IDY in Espace Latrille, Abidjan.



The event was conducted between 7 AM to 9 AM. Espace Latrille, Abidjan.



ESPACE LATRILLE, ABIDJAN.



SWAMI SHRADHANAND LED SUN NEVER SETS ON YOGA



#### **JAMAICA**

Participants: 500 Outreach: 5,000

# Event details

Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Kingston

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

In March, 2015, Art of Living in collaboration with the Indian Embassy in Jamaica; High commissioner Mr. Pratap Singh and Sports minister Hon. **Natalie Neita Headley** participated in the event.





SPORTS MINISTER - NATALIE NEITA HEADLEY

HIGH COMMISSIONER -MR PRATAP SINGH





ENTHUSIASTIC PARTICIPANTS



# **JAPAN**

Participants: 665 Outreach: 6650

# Event details

Art of Living volunteers organized IDY in Indian International School, Tokyo;

Ogasawara; Yamanashi; Kurakawa, Himi-shi, Toyama; Ishikawa; Osaka and Okinawa.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

### The event timings were as follows

Fureai Sports centre 43-1, Kurakawa, Himi-shi, Toyama	9.30 to 11.00 AM
Gyozenji temple, 546, Kitayasuda, ShiroyAM a-shi, Ishikawa	07.00 PM to 08.30 PM
Osaka international house 2F Sakura hall,Osaka	02.00 PM to 04.00 PM
Space Switch SY Bldg 3F, 12-15, Hachobori, Nakaku, Hiroshimashi, Hiroshima	07.00 AM to 08.30 AM
Shintoshin park 2-3-1, Mekaru, Naha-shi, Okinawa	07.00 AM to 08.30 AM



SWAMI SADHYOJATHA LED THE SESSION, TOKYO







токуо токуо





OSAKA NAHA





TOYAMA HIROSHIMA

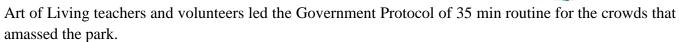


# **JORDAN**

Participants: 100 Outreach: 1000

# Event details

Art of Living volunteers organized IDY in Intercontinental Hotel, Amman.



The event was conducted between 04.00 PM to 08.00 PM.



INTERCONTINENTAL HOTEL, AMMAN





#### **KAZAKHSTAN**

Participants: 738 Outreach: 7500

# Event details



Art of Living volunteers organized IDY in Miras - International School, Almaty.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

The event took place at Kazakhstan President's International school. There were representatives from Government and United Nations. It was the first time when Indian Community in Kazakhstan joined hands for a public Yoga event.

The event took place 9.00AM to 12.00 PM



MIRAS - INTERNATIONAL SCHOOL, ALMATY



MIRAS - INTERNATIONAL SCHOOL, ALMATY



# **KENYA**

Participants: 2000 Outreach: 20000

# Event details

Art of Living volunteers organized IDY in University of Nairobi (Convocation grounds), Kenya.



The event took place between 9.00AM to 12.00 PM



UNIVERSITY OF NAIROBI



UNIVERSITY OF NAIROBI



# KOSOVO

Participants: 11 Outreach: 1100

# Event details

Art of Living volunteers organized IDY in City Park, Pristina.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event took place between 7.00AM to 9.00 PM



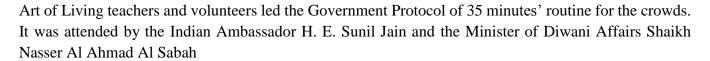


#### **KUWAIT**

Participants: 600 Outreach: 6000

# Event details

Art of Living volunteers organized IDY in association with Indian Embassy in Kuwait.



Different Yoga Asanas were performed along with a meditation session. Books and DVDs were displayed during the event.

The event took place between 0600 AM to 0800 AM



INDIAN EMBASSY IN KUWAIT



ART OF LIVING WAS GIVEN A MOMENTO BY THE MINISTER OF DIWANI AFFAIRS - SHAIK NASSER AL AHMAD AL SABAH AND AMBASSADOR MR. SUNIL JAIN.



# LAOS

Participants: 500 Outreach: 5000

# Event details

Art of Living volunteers organized IDY in The Luang Stupa ground, Vientiane.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event took place between 6.30 AM to 8.30 AM





THE LUANG STUPA GROUND, VIENTIANE



## **LEBANON**

Participants: 300 Outreach: 3000

## Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Bairut.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.



BAIRUT



**BAIRUT** 



## LITHUANIA

Participants: 1287 Outreach: 12000

## Event details



Art of Living volunteers organized IDY across Lithuania on 21st June.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event timing and venues are as follows:

Vilnius	7 AM to 9 AM
Kaunas	7 AM to 9 AM
Klaipeda	7 AM to 9 AM
Tauragė	7 AM to 9 AM
Biržai	7 AM to 9 AM
Pasvalys	7 AM to 9 AM
Panevėžys	7 AM to 9 AM
Biržai	7 AM to 9 AM
Nida	7 AM to 9 AM
Visaginas	7 AM to 9 AM
Ukmergė	7 AM to 9 AM
Kėdainiai	7 AM to 9 AM
Varėna	7 AM to 9 AM
MarijAM polė	7 AM to 9 AM
Utena	7 AM to 9 AM
Šiauliai	7 AM to 9 AM
Radviliškis	7 AM to 9 AM
Joniškis	7 AM to 9 AM
Palanga	7 AM to 9 AM





VILNIUS



THE GREEN LAWN NEXT TO THE WHITE BRIDGE ON THE BANK OF THE NERIS



VILNIUS



TAURAGĖ



PUPUTAN SQUARE, DENPASAR



SUN NEVER SETS ON YOGA CAMPAIGN



## LUXEMBOURG

Participants: 1,000 Outreach: 10,000

## Event details

Art of Living volunteers organized IDY in D'Coque, Luxembourg City.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.





D'COQUE, LUXEMBOURG CITY



## **MACEDONIA**

Participants: 200 Outreach: 2000

## Event details



Art of Living volunteers organized IDY in Gradski Park, Skopje.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

The event took place between 9.00 AM to 12.00 PM



GRADSKI PARK, SKOPJE



#### MALAYSIA

Participants: 10000 Outreach: 100000

#### Event details



Art of Living volunteers organized IDY in association with Indian Embassy in Cheras Badminton Stadium, Kuala Lumpur.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

The Deputy Sports Minister Datuk Saravanan, was guest of honour and he mentioned to the media present that yoga is beyond religion and he would endeavour to include yoga as a part of the National Sports day on 21st October.

The venues and timings for IDY celebrations across Malaysia

Cheras Badminton Stadium, Kuala Lumpur	7 AM to 9 AM
SJK(C) BerchAM ,Penang	7 AM to 9 AM
Dataran Pahlawan, Melaka	7 AM to 9 AM
SJK(C) BerchAM ,Ipoh	7 AM to 9 AM
Petaling jaya	7 AM to 9 AM
Kalang	7 AM to 9 AM



**KUALA LUMPUR** 





MELAKA



PENANG



#### **MALTA**

Participants: 80 Outreach: 800

# Event details

Art of Living volunteers organized IDY in Floriana.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine followed by meditation.





FLORIANA, MALTA





#### **MAURITIUS**

Participants: 2980 Outreach: 1,20,0000

#### Event details

Art of Living volunteers organized IDY in Curepipe.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds followed by Nritya Yoga and Bhakti Yoga (Satsang).

Partners: High Commission & IGCIC

Personalities: President of Mauritius Dr Ameenah Gurib Fakim, Mr Raj Dayal from Ministry of Environment, H.E. Anoop Mudgal High Commissioner

Highlights: Recording by MBC National TV. This Unique Evening was dedicated to showcase Yoga in its entire dimension as Dhyaan, Gaan, Raag, Nritya, Pranayam, Yama, Niyama & Aahar were beautifully portrayed by Senior Art of Living Yoga teacher Dr Richa Chopra. It broke myth of Yoga as being only Asanas. The President enjoyed the event and participated in Bhastrika pranayama as well.







CUREPIPE



CUREPIPE



INDIAN EMBASSY



#### **MEXICO**

Participants: 6000 Outreach: 60,000

#### Event details



Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Mexico City.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event was conducted between 7 AM to 9 AM

Art of Living volunteer Ambika Menon was the organizer. Senior Art of Living teacher Akash Barwal led the event in Mexico City.





MEXICO CITY





ART OF LIVING TEACHER AKASH BARWAL LEADING EVENT



## MONGOLIA

Participants: 3000 Outreach: 30000



#### **Event details**

Art of Living volunteers organized IDY in Chinggis Square, Ulaanbaatar.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the people.



ART OF LIVING TEACHER SEJAL THAKKAR



CHINGIS SQUARE, ULAANBAATAR



#### **MONTENEGRO**

Participants: 370 Outreach: 3700

#### Event details



Art of Living teachers and volunteers organized IDY by led the Government Protocol of 35 min routine for the crowds followed by meditation sessions in 13 cities.

Media coverage - live national TV, all local TV, radio, web, newspapers - as never before.

Cooperation with local authorities 7 Yoga schools in all 13 cities and in some of them very prominent people from local authorities came and practiced

Partners: Local organizations, Indian Embassy and local authorities



KOTOR



**CETINJA** 



SUN NEVER SETS ON YOGA, IDY PROMO, ULCINJ







DANILOVGRAD DANILOVGRAD



CETINIJA





BUDVA POLJE







BUDVA BUDVA





MANJA KOLASIN



NIKSIC



## **MOROCCO**

Participants: 650 Outreach: 6500

#### Event details



Art of Living volunteers organized IDY in Agora Centre, Casablanca.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds followed by meditation sessions.



**AGADIR** 



CASABLANCA



## **MOZAMBIQUE**

Participants: 130 Outreach: 1300

#### Event details

Art of Living volunteers organized IDY in Maputo.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event was conducted between 7 AM to 9 AM

The Minister of Health in Maputo, the lady with the white shawl on her head, was the keynote speaker and participated in the session. The gentleman in the orange seated next to her is Indian High Commissioner Mr Pavan Kapoor.



MINISTER OF HEALTH MAPUTO AND INDIAN HIGH COMMISIONER MR. PAVAN KAPOOR



MAPUTO



# **MYANMAR**

Participants: 700 Outreach: 7000

#### Event details

Art of Living volunteers organized IDY in Thuwunna Stadium, Yangon.





THUWANA STADIUM, YANGON



#### **NEPAL**

Participants: 2775 Outreach: 30,000

# The same of the sa

#### Event details

Art of Living volunteers organized IDY in Bakali Pashupati, Banepa, Kavre District, Kathmandu Model College, Arunodhya School, Swoyambhu, Hotel Mount Kailash, Pokhara, Kathmandu & Bhirhawa, Lumbini.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds



KATHMANDU MODEL COLLEGE



RALLY TO SPREAD AWARENESS FOR IDY



## **NETHERLANDS**

Participants: 1,000 Outreach: 10,000

#### Event details

Art of Living volunteers organized IDY in Amsterdam.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine.







SWAMI ATMANAND LED THE SESSION IN AMSTERDAM



#### **NEW ZEALAND**

Participants: 100 Outreach: 1000

## Event details

Art of Living volunteers organized IDY in Auckland.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine.





AUCKLAND





AUCKLAND



SOUTH AUCKLAND



#### **NIGERIA**

Participants: 2,166 Outreach: 21,660

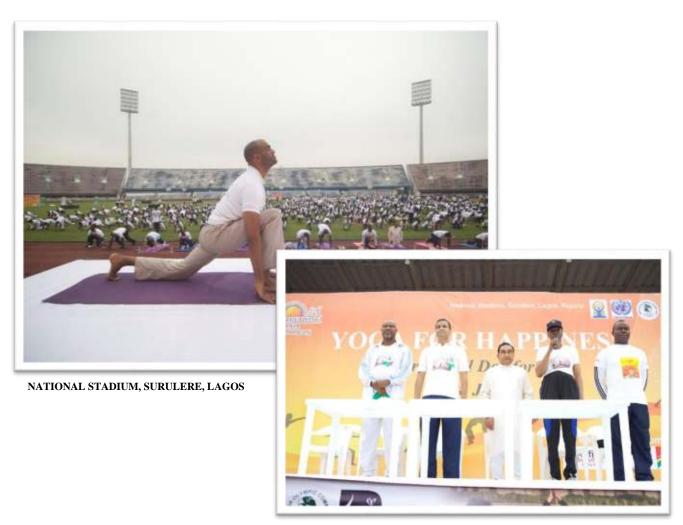
#### Event details



Art of Living volunteers organized IDY in Surulere Stadium in Lagos.

Art of Living teachers Akshay Jain and volunteers Hakeem Jimoh odutola led the Government Protocol of 35 min routine.

First Lady Mrs Buhari send her support letter about yoga & it was read out before the event. Sponsored by Indian Cultural Association



NATIONAL STADIUM, SURULERE, LAGOS



## **NORWAY**

Participants: 1300 Outreach: 13000

#### Event details

Art of Living volunteers organized IDY in Telenor Arena, Oslo.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The Indian Embassy organised the event along with Telenor Arena. Art of Living teacher led the event.

Art of Living volunteer Anjula P. Hellum was the organizer.

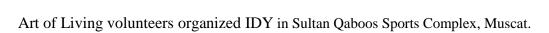




#### **OMAN**

Participants: 1,200 Outreach: 12,000

#### Event details



Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds followed by Yogathon.

The event started at 9 AM.



SULTAN QABOOS SPORTS COMPLEX, MUSCAT



SULTAN QABOOS SPORTS COMPLEX, MUSCAT



#### **PANAMA**

Participants: 160 Outreach: 1600



# Event details

Art of Living volunteers organized IDY in Parque Recreativo Omar, Panama City.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.



PARQUE RECREATIVO OMAR, PANAMA CITY



#### **PARAGUAY**

Participants: 150 Outreach: 1,500

#### Event details

Art of Living volunteers organized IDY in association with Indian Consulate in Asunción.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

In March, 2015, Art of Living in collaboration with the Indian Embassy/ Consulate in Asunción started preparations for the event. All were briefed about the significance of the Yoga and adoption of the UN Resolution to declare 21 June as the International Yoga Day and celebration of IDY on 21 June, 2015.



ASUNCIÓN



## **PERU**

Participants: 250 Outreach: 2500

#### Event details

Art of Living volunteers organized IDY in Lima.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds followed by Yogathon. The event was conducted between 7 AM to 9 AM.





ART OF LIVING TEACEHR ALEJANDRO LED THE SESSION, LIMA



LIMA



#### **PHILIPPINES**

Participants: 430 Outreach: 4300

#### Event details

Art of Living volunteers organized IDY in 3 cities.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

Philippines marines celebrated IDY led by Art of Living volunteer in Makati city.

Army Members of 4th ID of Camp Evangelista were taught breathing techniques in the **Yoga for Peace** event in Cagayan De Oro City organized by Art of Living.

The location and timings for the event are as below.

SMX Convention Center SM Aura Premier, Taguig city	7 AM to 9 AM
Art of Living Main Center Philippines, Makati City	7 AM to 9 AM
Limketkai Mall, Cagayan De Oro City	7 AM to 9 AM



PHILIPPINE MARINES





MARINES DOING THE WARRIOR POSE AT 'YOGA FOR PEACE' EVENT



MEMBERS OF 4th ID OF CAMP EVANGELISTA



YOGA FOR PEACE EVENT AT MINDANAO



# **POLAND**

Participants: 10,000 Outreach: 1,00,000

# Event details

Art of Living volunteers organized IDY in several cities.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The location and timings for the event are as below.

Pole Mokotowskie Park,Warsaw	7 AM to 9 AM
Park Miejski w Kielcach, Kielce	7 AM to 9 AM
City Park,Piotrkow Trybunalski	7 AM to 9 AM
Campus,Lublin	7 AM to 9 AM
Cracow	7 AM to 9 AM
Wroclaw	7 AM to 9 AM
Gizycko	7 AM to 9 AM
Katowice	7 AM to 9 AM





POLE MOKOTOWSKIE PARK, WARSAW



## **PORTUGAL**

Participants: 500 Outreach: 5,000

#### Event details

Art of Living volunteers organized IDY ChAMPalimaud Foundation and Athletic Stadium Moniz Pereira, Lisbon

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.



SWAMI JYOTHIRMAYAH AT THE YOGA CONFERENCE



ART OF LIVING TEACHER SOFIA RODRIGUES & JOANA CORDEIRO



## **ROMANIA**

Participants: 20 Outreach: 200

# 1

#### Event details

Art of Living volunteers organized IDY Bucharest.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

All were briefed about the significance of the Yoga and adoption of the UN Resolution to declare 21st June as the International Yoga Day and celebration of IDY on 21 June, 2015.



BUCHAREST



#### **RUSSIA**

Participants: 7,000 Outreach: 70,000

#### Event details



Barnaul: Art of Living center, Barnaula. We held 5 events in the Park Central area. The event started with opening, which was attended by about 150 people, followed by 3 yoga session (for children, youth and adults and the event ended on a high note with the evening gala concert. Guests of the event said that the event was a sincere, warm, friendly atmosphere and expressed a desire to attend such an event next year, inviting their friends and relatives.

Tver: Deputy Chief of Mission, Embassy of India Sandeep Arya, deputy chief of the Sports General Administration of Tver Buvaltseva Maria V.

Ufa: The event was attended by the first secretary of the Embassy of India in the Russian Federation, Mr. Deval, deputy head of the Municipal Administration of the Republic of Bashkortostan Ufa Syntimir Biktimirovich Bayazitov, head of the Administration of Ordzhonikidze district of Ufa Marat Mudarisovich Galiullin.

Nizhnekamsk: The programme included 108 rounds of Sun Salutation, Yoga for Beginners, Yoga for Children, "Happiness" course introduction, meditation. Local mass media made reports. Organization of this event was teambuilding for the Art of Living teachers and volunteers in our city. The scale was citywide.

Naberezhniye Chelny: Two TV companies covered this event

Vladivostok: After the event with Indian Consulate, Art of Living Vladivostok along with the city administration, organized a celebration of yoga day on the embankment. Question & answer session on yoga was followed by games, Art of Living courses presentations, Surya Namaskar, Yoga Nidra and yoga for children.

Bratsk: The most popular collectives participated in our action. Devica, Accent, 9 idea attended in our celebration. Devica is collective of Indian dance. 9 idea is theatrical actor group. Valera Gagarin and Kate Gordeeva (TV Personalities), conducted Yogathon. 200 people attended in the event.





TOMSK



IRKUTSK





VORONEZH



#### **RWANDA**

Participants: 150 Outreach: 1,500

#### Event details

Art of Living volunteers organized IDY in Kigali

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

We had a Yoga conference with other NGOs (Bharamkumari, Yego Yoga, Holistic Yoga, TM). First time in Kigali all the NGOs that are working for Yoga and meditation came together and got a huge audience.



KIGALI

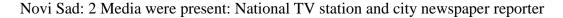


#### **SERBIA**

Participants: 435 Outreach: 4,400

#### Event details

Belgrade: It was the first time that so many people are practicing yoga in one place in Belgrade. This was done in collaboration with the Indian Embassy and City officials.



Zrenjanin: All yoga school together marked the International Day of Yoga in Zrenjanin. Swami Vaishampayan visited in late April, when he had a meeting with the Assistant Mayor who agreed Art of Living to celebrate IDY in the city.

In early May, the Deputy Mayor and Art of Living Teachers met the Ambassador of India, who enthusiastically supported IDY. City Zrenjanin sponsored T-shirts with the logo of IDY. Address to the gathering by Assistant Mayor Duško Radišić who practiced in the Yoga Protocol.

Subotica: Art of Living gathered 4 other local yoga groups and the event was first such gathering where 5 different yoga groups practiced together.



**NOVI SAD** 







ZRENJANIN



BELGRADE



# **SINGAPORE**

Participants: 100 Outreach: 1000



# Event details

Art of Living volunteers organized IDY in Marina Bay Gardens, Singapore.

Art of Living teachers and volunteers led the Government Protocol of 35 mins for the people.

The event was supported by Singapore Landmark Venuie, Marina Bay Gardens.

The event was held between 7 AM to 9 AM



MARINA BAY GARDENS, SINGAPORE



# **SLOVENIA**

Participants: 180 Outreach: 1,800

# Event details

Art of Living volunteers organized IDY in association with Indian Consulate in Nova Gorica.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

Art of Living volunteer/organizer: Danijela



**NOVA GORICA** 



**NOVA GORICA** 



#### **SOUTH AFRICA**

Participants: 2,740 Outreach: 27,400

#### Event details



Art of Living teachers and volunteers organized and led the Government Protocol of 35 min routine.

Johannesburg: Held the JHB event for IDY at Wits University.

Durban: An event for the first time of this magnitude in association with Indian Consulate, all yoga schools and various organisations joined hands.

Cape Town: New people were introduced to Art of Living Yoga.

Diverse people in terms of race attended the event. Also diverse in terms of beginners to yoga and advanced practitioners of yoga.

The event was hosted in a gallery with an art exhibition in the backdrop. The exhibition was themed "The Universe Within", which tied in with the yoga event.

Afterwards, sattvic food was on offer, which allowed people to mingle and get to know each other a bit better.

Johannesburg: There were many satellite events on the day all over the city by the Indian Consulate, but this event drew the most people. It was conducted at one of the most famous educational institutions in South Africa.

Large scale event with multiple yoga schools and international sponsors - Incredible India was organized.

Grahams town: This event was run by Art of Living volunteers who did the Art of Living course in Johannesburg and now live in Grahams town.

Pretoria: (Partners) Art of Living Chapters Laudium, Raslouw, Irene, participants from local yoga schools, yoga teachers and clients of Yoga Oasis, Pretoria joined in the celebrations.

Art of Living coordinator: Aarti Ranchod





DURBAN



GRHAMSTOWN



HYDE PARK



CAPE TOWN



# **SPAIN**

Participants: 800 Outreach: 8,000

# Event details



Art of Living volunteers organized IDY in Gran Canaria Island.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine.

The event was held between 7 AM to 9 AM.



MADIRD



GRAN CANARIA ISLAND



#### SRI LANKA

Participants: 7,000 Outreach: 70,000

# Event details

Art of Living volunteers organized IDY in association with Indian Embassy/Consulate at

Central College Grounds, Jaffna.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

Colombo: Gathering of 2000 people to yoga in one place it's a first time.

Also, it's a first time that all yoga institutions united and had a combined event

VIP's such as Parliament MP's, Cricketers, CEO's, Indian High Commissioner and many more came to do the event.



CENTRAL COLLEGE GROUNDS, JAFFNA



CRICKETER MUTTIAH MURALITHARAN PARTICIPATING IN IDY EVENT ORGANIZED BY ART OF LIVING



# **SURINAME**

Participants: 460 Outreach: 4,600

# Event details

Art of Living volunteers organized IDY in Flamboyant Park, Paramaribo

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event was held between 7 AM to 9 AM.

Art of Living volunteer / coordinator: W. Rahman



FLAM BOYANT PARK, PARAMARIBO





# **SWAZILAND**

Participants: 80 Outreach: 800

# Event details



Art of Living volunteers organized IDY in Royal Villas, Swaziland.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine. The country's health minister Ms. Sibongile Simelane was present at the event.

The event was held between 7 AM to 9 AM.



ROYAL VILLAS, SWAZILAND



ROYAL VILLAS, SWAZILAND



# **SWEDEN**

Participants: 50 Outreach: 500

# Event details



Art of Living volunteers organized IDY at Stockholm.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the people.

All were briefed about the significance of Yoga and adoption of the UN Resolution to declare 21 June as the International Yoga Day and the celebrations.



STOCKHOLM



#### **SWITZERLAND**

Participants: 500 Outreach: 5,000

# Event details



Art of Living volunteers organized IDY in Zurich and Geneva.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

Zurich: free Yoga, Meditation and Satsang event for the entire day.

Genève: An event inside the United Nations, Secretary General of United Nations presided. The event was led by an Art of Living volunteer. 20 representatives from different missions, over 100 UN staff, 50 staff and families from the Indian Mission.

Art of Living volunteer / coordinator: Sumathi Jayaraman & Namita Kumari



**ZURICH** 



GENEVEA



#### **TAIWAN**

Participants: 2471 Outreach: 24,710

### Event details



Art of Living volunteers organized IDY with Yogathon in Taipei, Tainan, and Changhua & Chiayi.

Celebration of World Yoga Day were held between 6-8 a.m. in front of a hundred years old banyan tree in the Banyan Garden of National Cheng Kung University. 60 devotees including 10 kids participated in the event. The participants took part in the yogathon challenge. First international yoga event happened in Chiayi Taiwan. Participants aged from 10 to 76, among them were cyclist and marathoner who participated in the joyful challenge.

The event was organized by Art of Living with 6 co-sponsors from the yoga fields. Famous Movie Director Mr. Tsai Yueh-hsun and TV drama actress Chen Su-li were spokespersons for the Yogathon. Two other TV drama actresses Ms. Ho Ai-yun and Ms. Chang Pun-yu attended the event and completed 108 sun salutations.

Mr. & Mrs. Manish Chauhan, Director General of the Indian consulate office in Taiwan with 4 executives also attended the event. All were briefed about the significance of the Yoga and adoption of the UN Resolution to declare 21 June, 2015 as the International Yoga Day and the celebrations of IDY on 21 June, 2015.





TAIPAI TAINAN



# **TANZANIA**

Participants: 500 Outreach: 5,000

# Event details



Art of Living volunteers organized IDY in Coco Beach, Dar Es Salaam.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

The event was held between 7 AM to 9 AM



COCO BEACH, DAR ES SALAAM



#### **THAILAND**

Participants: 8,240 Outreach: 82,400

#### Event details

Bangkok: The First International Day of Yoga was attended by over 7000 people. Minister of Tourism and Sports of Thailand was the Chief Guest at the Event.

Several dignitaries - Ambassadors of Bhutan, Nepal, Sri Lanka, Cambodia, Russia, Kenya, Panama, Chile; the President of the Chulalongkorn University, Head of Kriya Yoga; several UN representatives in Bangkok were present.

Another event was organized at Thammasat University, where students from adjoining Silpakorn University also attended the 35 mins session.

Event partners: University of Bangkok Thonburi, Royal Thai Foundation, The Association of Thai Travel Agents and Thai-China Cultural Exchange Association.

Attended by: Brother of the Thai Queen, President of Bangkok Thonburi University (Industry Minister), President of Royal Thai Foundation (Governor), President of The Association of Thai Travel Agents, President of Thai-China Cultural Exchange Association and Director of Bang Len Hospital.



BANGKOK





#### **TIMOR LESTE**

Participants: 230 Outreach: 2,300

#### Event details



Art of Living volunteers organized IDY Dili

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

Dili: Diplomats from the U.N. and the WHO were present. The guests of honour were Mr. Manish Gupta; the Deputy Chief of Mission from the Embassy of India. Mr. Knut Ostby the Resident Coordinator & UNDP resident representative, H.E Dr. Ana Isabel de F.S. Soares, Vice Minister of Health for the Democratic Republic of Timor Leste. Minister of Foreign Affairs and Communications was also present.



DILI



# **TUNISIA**

Participants: 325 Outreach: 3,250

# Event details

Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in La Couple.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine.





LA COUPLE



# **TURKEY**

Participants: 100 Outreach: 1,000

# Event details



Art of Living volunteers organized IDY in Istanbul.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

We also did a promotional event 'Sun never sets on yoga'



ISTANBUL



# **UGANDA**

Participants: 30 Outreach: 300

#### Event details



Art of Living volunteers organized IDY in association with Indian High Commission, Kampala.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds

High commissioner was part of this event himself, though group was small but we had media coverage also.

Art of Living volunteer Nisha was the coordinator.

The event was held between 04.00 PM to 06.00 PM



INDIAN HIGH COMMISSION, KAMPALA



#### **UKRAINE**

Participants: 340 Outreach: 3,400

#### Event details

Art of Living volunteers organized IDY in 12 cities.



Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds Poltava. Our partner was the best cafe in the city - after the yoga the entire group went to get acquainted with each other and drinking coffee. We agreed to continue yoga in the park on Sundays.

Kramatorsk: The event was organized together with the Hare Krishnas and the organization of Sahaja Yoga

Slovyansk: This City 10 months ago was released by terrorists. Art Exel/YES! Teacher Eugenie Alfimova organized volunteers took the forefront in the event. A yoga festival was held on 21<sup>st</sup> June with the participation of other yoga studios of our city. There were many workshops for children.

Uzgorod: Yogdaan and Yogathon were conducted. Doing yoga in the park - unusual for this city. Such mass yogic event took place for the first time and many people who were new to Yoga also joined.



BILA TSERKVA



#### UNITED ARAB EMIRATES

Participants: 18,000 Outreach: 1,80,000

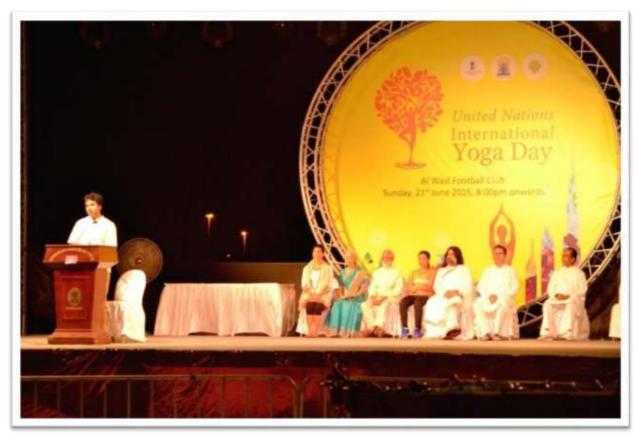
#### Event details

Art of Living volunteers organized IDY in association with Indian Embassy/Consulate in Dubai.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds that amassed the park.

It was truly another milestone to witness vasudevakutumbhakam on the soil of middle east-UAE-Dubai where people from all walks of life came together to participate in the first ever International Day of Yoga. Also the highlighted was when Rishi Nityapraghayii addressed the huge crowd of 17000 people with knowledge on paths of yoga.

Indian consulate with the participation of Consular General gave a boost to the event.



RISHI NITYAPRAGYA AMONG OTHER DIGNITARIES (THIRD FROM RIGHT)





AL WASL STADIUM, DUBAI



AL WASL STADIUM, DUBAI



#### **UNITED KINGDOM**

Participants: 500 Outreach: 5,000

#### Event details



In the run-up to IYD 2015, several locations all over the UK participated in The Sun Never Sets on Yoga global event, in locations of interest all over the UK, including Tower Bridge, Primrose Hill and Wembley Stadium. This not only brought together many volunteers to work together before IDY, but gave the opportunity to be part of a global event wherever they were, celebrating their own cities and geographical heritage.

On IYD itself, the following events too place all over the UK. Below is a summary of each:

#### London:

#### Alexandra Palace:

- Outdoor event in the surrounding fields of the palace.
- One main stage and a few areas in the periphery where other organizations, schools and teachers hosted sessions, workshops, therapies, music
- Non-commercial event
- All day event (6am/early morning meditation opening the event, led by Brahma Kumaris)
- Press and media present
- Zee TV covering the event
- Art of Living were part of the organizing committee (along with others)
- The Yoga Jam was the greatest success of the day, with over 1000 people participating in the dance, yoga, bhastrika and meditation lead by Art of Living.
  - Pictures of the day were seen in national newspapers including, The Daily Mail, The Guardian, The Telegraph, Asian Voice, and possibly others.
  - Approximately 8000 people attend the event throughout the day.

#### Indian High Commission:

- Art of Living was on the organizing team for the Indian High Commission, including the Shivananda Ashram and the British Wheel of Yoga.
- A daytime event encompassing all aspects of yoga
- Art of Living were invited to host an iMeditate session for all those attending the event at the Bernie Spain Gardens, along the south bank of the River Thames.
- Approximately 500 people participated in this event in the public gardens.
- The event was hosted by BBC presenters, and High Commissioner of India, Mr. Ranjan Mathai was present. He met with Art of Living Board members, National Coordinator, and organizers.
- The IHC called the event a grand success



#### House of Lords:

- Lord Billimoria hosted an event on Tuesday 23<sup>rd</sup> June 2015 at the House of Lords.
- Art of Living led a yoga session for the ministers, Lords and other dignitaries present.

#### Other national events:

Scotland: (Edinburgh & Glasgow)

- A successful International Yoga Day event in association with The Indian Consulate, Edinburgh.
- The local consulate officer addressed the event
- Over 120 participants in Maryhill Burgh Hall, Glasgow.
- Marketing in advance e.g. at the local Mela the weekend before.
- Art of Living hosted a 2-hour yoga session

#### Woking, Surrey:

• 2 events in Woking, Surrey one in the Park (approx. 70ppl) and one in the Town Centre (approx. 50ppl).

#### Mitcham:

 Art of Living hosted 3 classes during the IYD celebrations organized by DSYM UK and Vishwa Hindu Parishad, including breathing, yoga and meditation.



ALEXANDERA PALACE







ALEXANDERA PALACE

SOUTHBANK



GURNSEY







SUN NEVER SETS ON YOGA, LONDON



#### UNITED STATES OF AMERICA

Participants: 19,691 Outreach: 1,96,910

#### Event details



Art of Living teachers and volunteers organized IDY in 100 cities following the Government Protocol of 35 min routine at several places.

#### SRI SRI RAVI SHANKAR'S PRESENCE:

- United Nations Headquarter
- Times Square, New York
- Lincoln Centre, New York

St. Louis: St Louis Arch is a huge Landmark in American History and for St Louis. Performing Yoga at sunrise on June 13th there was a landmark event for St Louis Art of Living Family.

Bethesda: This was a partnership with KID Museum and Mom's Organics. An Art of Living Art Excel, YES! Teacher led 2 sessions for children and their families.

Chicago: The Consul General and U.S. government officials also participated in the yoga session. We also had a booth where Yoga talks, videos of Sun Never Sets on Yoga, Yoga posters and flyers were distributed.

Iselin: It was at an airport terminal (post security) arranged by the Consulate. People participated as they went for their respective flights. Airport authorities, employees of United Airlines, Flight Attendants, and Pilots and passengers took part in the event throughout the day.

Washington DC: Indian Ambassador and Miss USA were present. About 1500 people attended the event.

Chantilly: Joint venture of OVBI+ART OF LIVING and Malayali association in Wash DC Metro. Media partner-Janam TV





SRI SRI RAVISHANKAR AT THE UNITED NATIONS HEAD QUARTERS, NEW YORK



SRI SRI RAVISHANKAR AT LINCLON CENTER, NEW YORK



MS SUSHMA SWARAJ, EXTERNAL AFFAIRS MINISTER, INDIA AT TIMES SQUARE WITH SRI SRI



TIMES SQUARE, NEW YORK





ART OF LIVING TEACHER DINESH KASHIKAR LEADING YOGA SESSION, MORGAN HILL

**PHILADELPHIA** 



ART OF LIVING CENTER, LOS ANGELES



URBANA



ART OF LIVING TEACHER DINESH KASHIKAR LEAD YOGA SESSION, SAN FRANCISCO



# **URUGUAY**

Participants: 200 Outreach: 2000

# Event details

Art of Living volunteers organized IDY in Montevideo.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.





MONTEVIDEO



#### VIETNAM

Participants: 4000 Outreach: 40,000

#### Event details

Art of Living volunteers organized IDY in Quan Khu 7 Stadium, HCMC, Vietnam.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine.

The yoga performance was done on large scale for the first time in Vietnam. Nearly 2,000 people gathered to set a national record for the largest gathering in a yoga event.

The event was organized by the Consulate General of India in Ho Chi Minh City. Rajaratnam (Art of Living Singapore) and Vietnam Art of Living team were the coordinators.

Top Vietnamese celebrities also joined the event as goodwill ambassadors.

It was broadcast live on Vietnam national TV (VTV). About 5 million viewers watched the event on TV.



QUAN KHU 7 STADIUM, HO CHI MINH CITY



#### **ZIMBABWE**

Participants: 170 Outreach: 1,700

# Event details



Art of Living volunteers organized IDY in association with Indian Embassy in Harare.

Art of Living teachers and volunteers led the Government Protocol of 35 min routine for the crowds.

Dignitaries from various embassies were present. First time that Zimbabweans came together to participate in the first IDY celebrations.



HARARE



HARARE







# BUILD UP AND STATISTICS





# **POSTERS**









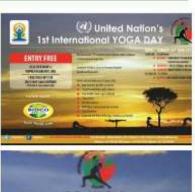






















# SUN NEVER SETS ON YOGA



Around the World with the Sun on a Yoga mat



#### "THE SUN NEVER SETS ON YOGA"

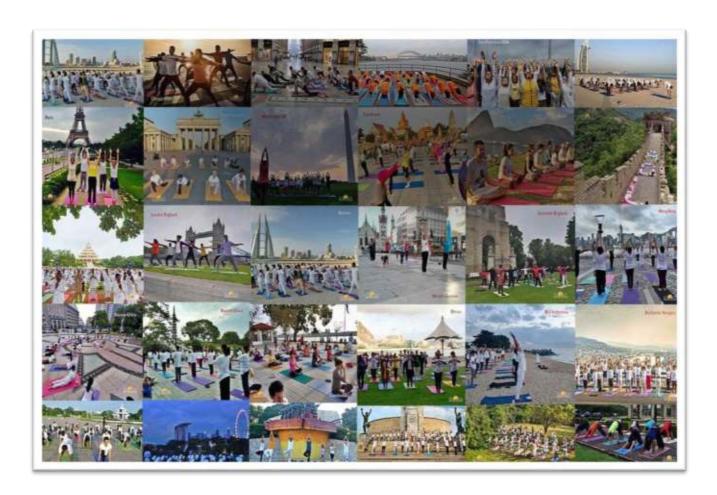
#### Around the World with the Sun on a Yoga mat

'The Sun Never Sets on Yoga' was a unique campaign that depicted the timelessness of yoga. Just like the Sun, Yoga is age-old and yet ever-new, spreading light and hope. With this unique effort, we had the whole world wake up to the power of yoga...literally!

The 1<sup>st</sup> International Day of Yoga was to be celebrated on June 21, 2015. This campaign was organized few days in advance on June 13, 2015 to enthuse and encourage people to join the main event on June 21, giving them a glimpse of how Yoga is a universal practice that is fun, easy-to-do and beneficial for everyone.

We moved with the first rays of the sun all around the earth and made a complete circle starting in one city and ending with another sunrise-24 hours later. We had people in each time zone doing Surya Namaskar at the time of sunrise. Volunteers rose with the sun and rolled out their mats in front of historic locations / national monuments to practice yoga on 13 June, 2015.

Participation: Volunteers from 88 cities spread across 5 continents.





# LOCATIONS

No	Location	Country	No	Location	Country
1	Buenos Aries	Argentina	30	Mandalay	Myanmar
2	Sydney	Australia	31	Auckland	New Zealand
3	Perth	Australia	32	Muscat	Oman
4	Vienna	Austria	33	Philippines	Philippines
5	Bahrain	Bahrain	34	Khabarovsk	Russia
6	Minsk	Belarus	35	Yuzhno-Sakhalinsk	Russia
7	Bhutan	Bhutan	36	Vladivostok	Russia
8	Botswana	Botswana	37	Nakhodka	Russia
9	Rio de Janeiro	Brazil	38	Irkutsk	Russia
10	Sofia	Bulgaria	39	Bratsk	Russia
11	Cambodia	Cambodia	40	Kemerovo	Russia
12	Halifax	Canada	41	St. Petersburg	Russia
13	Shigawake, Quebec	Canada	42	Nizhnekamsk	Russia
14	Mississauga	Canada	43	Singapore	Singapore
15	Toronto	Canada	44	Cape Town	South Africa
16	Vancouver	Canada	45	Durban	South Africa
17	Beijing	China	46	Gauteng	South Africa
18	Hangzhou	China	47	Colombo	Sri Lanka
19	Shanghai	China	48	Taiwan	Taiwan
20	Chengdu	China	49	Istanbul	Turkey
21	Xiamen	China	50	Ankara	Turkey
22	Hong Kong	China	51	Izmir	Turkey
23	Paris	France	52	Dubai	UAE
24	Toulouse	France	53	London	United Kingdom
25	Munich	Germany	54	Oxford	United Kingdom
26	Berlin	Germany	55	Edinburgh	United Kingdom
27	Budapest	Hungary	56	Manchester	United Kingdom
28	Taj Mahal	India	57	Leicester	United Kingdom
29	New Delhi	India	58	Doncaster	United Kingdom



### **LOCATIONS**

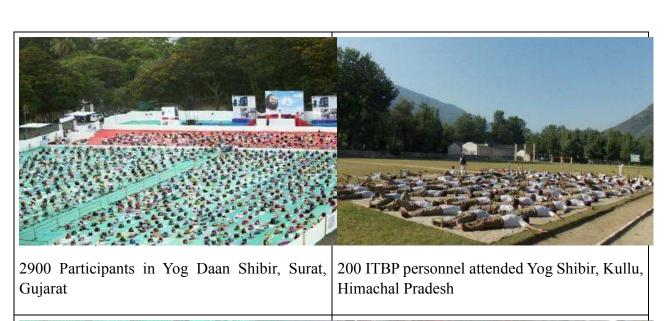
No	Location	Country	No	Location	Country
59	Art of Living International Centre, Bangalore	India	74	Washington DC	USA
60	Bali	Indonesia	75	Boone, North Carolina	USA
61	Jakarta	Indonesia	76	Allentown, Pennsylvania	USA
62	Milano	Italy	77	Raleigh	USA
63	Rome	Italy	78	Houston	USA
64	Ivory Coast	Ivory Coast	79	Austin	USA
65	Tokyo, Japan	Japan	80	St. Louis	USA
66	Kobe - Shi	Japan	81	Chicago	USA
67	Okinawa	Japan	82	Denver	USA
68	Osaka	Japan	83	temple	USA
69	Jordan	Jordan	84	San Diego	USA
70	Almaty	Kazakhstan	85	USA - San Francisco	USA
71	Kuwait	Kuwait	86	Venezuela	Venezuela
72	Vilnius	Lithuania	87	Harare	Zimbabwe
73	Rangoon	Myanmar	88	Bulawayo	Zimbabwe



#### YOGDAAN

As a build up towards the International Day of Yoga to be celebrated on June 21, under the initiative of Yog Daan, the Art of Living Yoga teachers have conducted over 800 Yog Shibirs in India. More than Five lakh people have benefited from the free workshops that were organized for defense personnel, policemen, school and college students and citizens of over 200 cities and villages in India.

Art of Living Yog Daan features a unique 3-day Art of Living Yoga and meditation camp called Yog Shibir. This Yog Shibir is open for everyone – across all age groups. Yog Shibir gives people an opportunity to experience the immense benefits of Yoga firsthand, under the guidance of a trained Yoga teacher. Yoga is not just about asanas or body postures; pranayama, meditation, knowledge and much more make it a way of life.





300 Jawans of 194 Battalion of Army, participated in the Yog Shibir, Ganga Nagar, Rajasthan

100 Kids participated in Yog Daan Shibir, Gangtok, Sikkim



# YOGDAAN - A GIFT OF YOGA - STATISTICS

State	Number of Venues	Number of Participants
Andhra Pradesh	40	29498
Bihar	11	4411
Chandigarh	17	4058
Chhattisgarh	23	4294
Goa	3	105
Gujarat	102	79818
Haryana	12	3845
Himachal Pradesh	78	17668
Jharkhand	34	19230
Karnataka	17	11770
Kerala	41	2188
Madhya Pradesh	9	1620
Maharashtra	116	119777
North Apex	68	47592
North East Apex	21	6768
Odisha	13	2181
Punjab	49	20536
Rajasthan	42	7859
Tamil Nadu	21	6187
Telangana	44	15708
Tripura	2	100
Uttar Pradesh	29	20408
Uttarakhand	9	758
West Bengal	49	3676
TOTAL	850	430055



Sr No	Country	City
1	Argentina	Buenos Aires
2	Armenia	Yerevan
3	Australia	Sydney
4	Australia	Melbourne
5	Australia	Perth
6	Austria	Vienna
7	Azerbaijan	Baku
8	Bahrain	Seqaya
9	Bangladesh	Dhaka
10	Belarus	Minsk
11	Belgium	Brussles
12	Belgium	Ghent
13	Belgium	Leuven
14	Belgium	Antwerpen
15	Bhutan	Thimphu
16	Bosnia and Herzegovina	Sarajevo
17	Botswana	Gabron
18	Brazil	Rio de Janeiro
19	Brazil	São Paulo
20	Brazil	Salvador
21	Brazil	Recife
22	Brazil	Fortaleza
23	Brazil	Indaiatuba
24	Brazil	Niterói
25	Brazil	Bahia
26	Bulgeria	Sofia
27	Bulgeria	Varna
28	Cambodia	Phnom Penh
29	Cambodia	Siem Reap
30	Canada	Toranto
31	Canada	Mississauga
32	Canada	Milton
33	Canada	Ottawa
34	Canada	Halifax
35	Canada	Charlottetown



Sr No	Country	City
36	Canada	Windsor
37	Canada	Calgary
38	Canada	Winnipeg
39	Canada	Edmonton
40	Canada	Bonaventure
41	Canada	London
42	Canada	Fort McMurray
43	Canada	Montreal
44	Chile	Santiago
45	China	Hong Kong
46	China	Bejing
47	China	Shanghai
48	China	Hangzhou
49	Colombia	Bogota
50	Croatia	Zagreb
51	Cyprus	Nicosia
52	Czech Republic	Prague
53	Dominican Republic	Puerto Plat
54	Dominican Republic	Bavaro
55	Dominican Republic	Punta Cana
56	Dominican Republic	Santo Domingo
57	Egypt	Cairo
58	Estonia	Tallinn
59	Ethiopia	Addis Ababa
60	Fiji	Lautoka
61	Fiji	Suva
62	France	Toulouse
63	France	Marseille
64	France	Paris
65	Germany	Oppenau (Bad Antogast center)
66	Germany	Berlin
67	Germany	Hamburg
68	Germany	Frankfurt
69	Germany	Munich
70	Germany	Schwäbisch Hall



Sr No	Country	City
71	Germany	Travemünde
72	Ghana	Accra
73	Greece	Athens
74	Guatemala	Arkadia
75	Hungary	Budapest
76	Indonesia	Jakarta
77	Indonesia	Surabaya
78	Indonesia	Bali
79	Indonesia	Purwakarta
80	Iraq	Bagdad
81	Italy	Rome
82	Italy	Milan
83	Ivory Coast	Abidjan
84	Jamaica	Kingston
85	Japan	Tokyo
86	Japan	Yamanashi
87	Japan	Toyama
88	Japan	Kanazawa
89	Japan	Osaka
90	Japan	Hiroshima
91	Japan	Naha
92	Japan	Fukuoka
93	Jordan	Amman
94	Kazakhstan	Almaty
95	Kenya	Nairobi
96	Kosovo	Prishtina
97	Kuwait	Kuwait city
98	Laos	Vientiane
99	Latvia	Riga
100	Lebanon	Bairut
101	Lithuania	Vilnius
102	Lithuania	Kaunas
103	Lithuania	Klaipėda
104	Lithuania	Tauragė
105	Lithuania	Biržai



Sr No	Country	City
106	Lithuania	Pasvalys
107	Lithuania	Panevėžys
108	Lithuania	Nida
109	Lithuania	Visaginas
110	Lithuania	Ukmergė
111	Lithuania	Kėdainiai
112	Lithuania	Varėna
113	Lithuania	Marijampolė
114	Lithuania	Utena
115	Lithuania	Šiauliai
116	Lithuania	Radviliškis
117	Lithuania	Joniškis
118	Lithuania	Palanga
119	Luxembourg	Luxembourg City
120	Macedonia	Skopje
121	Malaysia	Kuala Lumpur
122	Malaysia	Penang
123	Malaysia	Melaka
124	Malaysia	Ipoh
125	Malaysia	Petaling jaya
126	Malaysia	Johor
127	Malaysia	Sungai Petani
128	Malaysia	Alor Setar
129	Malaysia	Butterworth
130	Malaysia	Kuching
131	Malaysia	Kalang
132	Malta	Floriana
133	Mauritius	Curepipe
134	Mauritius	Saint Denis, Reunion Island
135	Mauritius	Port louis
136	Mexico	Mexico City
137	Mongolia	Ulaanbaatar
138	Montenegro	Podgorica
139	Montenegro	Kotor
140	Montenegro	Tivat



Sr No	Country	City
141	Montenegro	Budva
142	Montenegro	Bar
143	Montenegro	Ulcinj
144	Montenegro	Kolasin
145	Montenegro	Bijelo Polje
146	Montenegro	Cetinje
147	Montenegro	Danilovgrad
148	Montenegro	Niksic
149	Montenegro	Herceg Novi
150	Montenegro	Pljevlja
151	Morocco	Casablanca
152	Morocco	Agadir
153	Mozambique	Maputo
154	Myanmar	Yangon
155	Nepal	Kathmandu
156	Nepal	Bhirhawa,Lumbani
157	Netherlands	Hague
158	Netherlands	Amsterdam
159	New Zeland	Auckland
160	New Zeland	Wellington
161	Nigeria	Lagos
162	Nigeria	Abuja
163	Norway	Oslo
164	Oman	Muscat
165	Panama	Panama City
166	Paraguay	Asunción
167	Peru	Lima
168	Philippines	Manila
169	Philippines	Taguig city
170	Philippines	Makati City
171	Philippines	Cagayan De Oro City
172	Poland	Warsaw
173	Poland	Kielce
174	Poland	Piotrkow Trybunalski
175	Poland	Lublin



Sr No	Country	City
176	Poland	Cracow
177	Poland	Wroclaw
178	Poland	Gizycko
179	Poland	Katowice
180	Portugal	Lisbon
181	Romania	Bucharest
182	Russia	Moscow
183	Russia	St. Petersburg
184	Russia	Kaliningrad
185	Russia (Central Russia)	Tver
186	Russia (Central Russia)	Smolensk
187	Russia (Central Russia)	Angarsk
188	Russia (Central Russia)	Tula
189	Russia (Central Russia)	Voronezh
190	Russia (Central Russia)	Murom
191	Russia (Central Russia)	Ivanovo
192	Russia (Central Russia)	Orel
193	Russia (Eastern Siberia)	Irkutsk
194	Russia (Eastern Siberia)	Bratsk
195	Russia (Eastern Siberia)	Ulan-Ude
196	Russia (Far East)	Khabarovsk
197	Russia (Far East)	Vladivostok
198	Russia (Far East)	Nakhodka
199	Russia (The South of Russia)	Rostov-on-Don
200	Russia (The South of Russia)	Krasnodar
201	Russia (The South of Russia)	Stavropol
202	Russia (The South of Russia)	Novocherkassk
203	Russia (The South of Russia)	Volgograd
204	Russia (The South of Russia)	Volzhsky
205	Russia (The South of Russia)	Tselina



Sr No	Country	City
206	Russia (The South of Russia)	Volgodonsk
207	Russia (The South of Russia)	Taganrog
208	Russia (The South of Russia)	Sochi, Adler
209	Russia (The South of Russia)	Tuapse
210	Russia (The South of Russia)	Astrakhan
211	Russia (The South of Russia)	Novoshakhtinsk
212	Russia (The South of Russia)	krasnoturinsk
213	Russia (Ural)	Yekaterinburg
214	Russia (Ural)	Khanty-Mansiysk
215	Russia (Ural)	Irbit
216	Russia (Volga Region)	Kazan
217	Russia (Volga Region)	Naberezhnye Chelny
218	Russia (Volga Region)	Ufa
219	Russia (Volga Region)	Samara
220	Russia (Volga Region)	Yelabuga
221	Russia (Volga Region)	Nizhny Novgorod
222	Russia (Volga Region)	Izhevsk
223	Russia (Volga Region)	Nizhnekamsk
224	Russia (Volga Region)	Cheboksary, Yoshkar-Ola
225	Russia (Volga Region)	Kstovo
226	Russia (Western Siberia)	Krasnoyarsk
227	Russia (Western Siberia)	Barnaul
228	Russia (Western Siberia)	Kemerovo
229	Russia (Western Siberia)	Abakan
230	Russia (Western Siberia)	Tomsk
231	Russia (Western Siberia)	Novosibirsk
232	Rwanda	Kigali
233	Serbia	Zrenjanin
234	Serbia	Novi Sad
235	Serbia	Nis



Sr No	Country	City
236	Serbia	Subotica- Palic
237	Serbia	Ruma
238	Serbia	Belgrade
239	Singapore	Singapore
240	Slovenia	Nova Gorica
241	Slovenia	Kranj
242	Slovenia	Litija
243	Slovenia	ljubljana
244	South Africa	Grahamstown
245	South Africa	Durban
246	South Africa	Gauteng (Johannesburg)
247	South Africa	Cape Town
248	South Africa	Johannesburg
249	South Africa	Pretoria
250	Spain	Gran Canaria
251	Spain	Madrid
252	Sri Lanka	Colombo
253	Sri Lanka	Jaffna
254	Sri Lanka	Colombo/ Jafna
255	Suriname	Paramaribo
256	Swaziland	Lobamba
257	Sweden	Stockholm
258	Switzerland	Geneva
259	Switzerland	Basel
260	Switzerland	Zurich
261	Taiwan	Taipei
262	Taiwan	changhua
263	Taiwan	Chiayi
264	Taiwan	Tainan
265	Tanzania	Dar Es Salaam
266	Thailand	Bangkok
267	Timor Leste	Dili
268	Tunisia	Tunis
269	Turkey	Istanbul



Sr No	Country	City
270	UAE	Dubai
271	UAE	Abudhabi
272	Uganda	Kampala
273	UK	Alexdrnadra Palace London
274	UK	London Bernie spain garden
275	UK	Edinburgh
276	UK	Glasgow
277	UK	Leicester
278	UK	Manchester
279	UK	Mitcham
280	UK	woking Surrey
279	UK	Gurnsey
280	Ukraine	Kyiv
281	Ukraine	Bila Tserkva
282	Ukraine	Makeyevka
283	Ukraine	Kramatorsk
284	Ukraine	Lviv
285	Ukraine	Nikolaev
286	Ukraine	Poltava
287	Ukraine	Slavyansk
288	Ukraine	Uzhgorod
289	Ukraine	Kharkiv
290	Ukraine	Dobropolye
291	Ukraine	Belaya Cerkov
292	Ukraine	Mykolalliv
293	Uruguay	Montevideo
294	USA	New York
295	USA	San Fransissco
296	USA	Los Angels
297	USA	Allentown P,A
298	USA	St louis (Faust Part, Chesterfield), St Louis Arch - Gateway Arch
299	USA	San Roman (Art of Living Dublin Center)
300	USA	Austin, Texas



Sr No	Country	City
301	USA	Round Rock
302	USA	Bethesda
303	USA	Charlotte
304	USA	Chicago
305	USA	Memphis
306	USA	Iselin
307	USA	Annapolis
308	USA	Houston
309	USA	San Diego
310	USA	Apple Valley
311	USA	Chandler
312	USA	Virginia Beach
313	USA	Alexandria
314	USA	Morgan Hill
315	USA	Hillsboro
316	USA	Urbana Champaign
317	USA	Irving
318	USA	Lynn
319	USA	Washington DC
320	USA	Chantilly
321	Vietnam	Ho Chi Minh City
322	Vietnam	Vung Tau
323	Zimbabwe	Harare
324	Zimbabwe	Bulawayo



### IDY LOCATIONS IN INDIA – PRISONS

S. No.	State	District	Address	No. of people
1	Andhra Pradesh	HYDERABAD	Chanchalguda Jail	100
2	Andhra Pradesh	HYDERABAD	Cherlapally Central Jail	60
3	Andhra Pradesh	KHAMMAM	CENTRAL JAIL,	80
4	Andhra Pradesh	Nizamabad	Nizamabad District prison	600
5	Chhattisgarh	Dhantewada	District Jail	140
6	Chhattisgarh	Rasipur	Central Jail	200
7	Chhattisgarh	Bilaspur	CENTRAL JAIL	1000
8	Chhattisgarh	Korba	District Jail	270
9	Goa	Panajim	Aguada Jail	112
10	Gujarat	Surat	Jail	650
11	Gujarat	Surendranagar	Sub Jail	110
12	Haryana	Karnal	Central Jail	1050
13	Haryana	Rewari	District Jail	125
14	Himachal Pradesh	Dharamashala	District Jail	200
15	Himachal Pradesh	Nahan	Central Model Jail	450
16	Himachal Pradesh	Shimla	Prison , Kanda	500
17	Himachal Pradesh	Sundernagar	Open Air Jail Bilaspur	150
18	Himachal Pradesh	Una	Sub Jail	70
19	Jharkhand	Bokaro	Chas Jail Bokaro	160
20	Jharkhand	Bokaro	Tenughat Jail Bokaro	300
21	Jharkhand	Chaibasa	Chaibasa Jail	1750
22	Jharkhand	Dhanbad	Central Jail	1775
23	Jharkhand	Hazaribag	Hazaribag Central Jail	300
24	Jharkhand	Jamshedpur	Ghagidih Jail (Female Ward)	500
25	Jharkhand	Jamshedpur	Ghagidih Jail (Male Ward)	1225
26	Jharkhand	Latehar	Latehar Jail	125
27	Jharkhand	Ranchi	DISTRICT JAIL	125
28	Jharkhand	Saraika	SARAIKELA JAIL	1750
29	Karnataka	Darwad	Central Jail Darwad	60



### IDY LOCATIONS IN INDIA – PRISONS

S. No.	State	District	Address	No. of people
30	Kerala	Ernakulam	Ernakulam jail 1	42
31	Kerala	Ernakulam	Ernakulam jail 2	85
32	Kerala	Kannur	Kannur Jail	100
33	Kerala	Kasargod	Kasargod jail	50
34	Kerala	Thrissur	Thrissur Jail	60
35	Kerala	Trivandrum	Special Jail, Neyyattinkara, Trivendrum	100
36	Maharashtra	Ahmednagar	Ahmednagar jail	16528
37	Maharashtra	Akola	Akola jail	2450
38	Maharashtra	Amravati	Amravati Jail	4280
39	Maharashtra	Buldana	Buldana Jail	8190
40	Maharashtra	Dhule	Dhule Jail	9786
41	Maharashtra	Jalgaon	Jalgaon jail	5910
42	Maharashtra	Nandurbar	Nandurbar Jail	7867
43	Maharashtra	Nasik	Central Jail	6856
44	Maharashtra	Solapur	Solapur Prison	100
45	Maharashtra	Wardha	District Jail	120
46	Maharashtra	Washim	Washim Jail	5025
47	Maharashtra	Yavatmal	Central Jail	6750
48	North Apex	Jammu and Kashmir	District Jail Ambphalla	300
49	North East Apex	Bongaigaon	Abhayapuri Jail	150
50	North East Apex	Nalbari	District Jail	320
51	North East Apex	Kokrajhar	Kokrajhar Jail	200
52	North East Apex	Sajiwa	Manipur Central Jail	50
53	North East Apex	Imphal	Manipur Central Jail	50
54	Odisha	Bhubaneshwar	Bhubaneswar Special Jail, women cell	50
55	Odisha	Bhubaneshwar	Bhubaneswar Special Jail	500
56	Punjab	Amritsar	Amritsar central jail	300
57	Punjab	Barnala	Sub-Jail	100
58	Punjab	Ludhiana	Central Jail	1000
59	Punjab	Malerkotla	Malerkotla Jail	80
60	Punjab	Ropar	Ropar Jail	712
61	Punjab	Sangrur	Distt Jail	500



### IDY LOCATIONS IN INDIA – PRISONS

S. No.	State	District	Address	No. of people
62	Punjab	Sangrur	Sub jail	400
63	Rajasthan	Banswara	Jail	70
64	Rajasthan	Bharatpur	Jail	200
65	Rajasthan	Bikaner	Jail	1000
66	Rajasthan	Bundi	Jail	500
67	Rajasthan	Chittorgarh	Jail	400
68	Rajasthan	Dholpur	Jail	350
69	Rajasthan	Fatehpur	Churu Jail	500
70	Rajasthan	Jodhpur	Central Jail	60
71	Rajasthan	Kota	Central Jail, Nayapur	1100
72	Rajasthan	Phulera	Jail	75
73	Rajasthan	Sikar	Jail	65
74	Rajasthan	Sri GangaNagar	Central Jail	560
75	Rajasthan	Suratgarh	Jail	85
76	Tamil Nadu	Chennai	Puzhal Jail , Chennai	600
77	Tamil Nadu	Coimbatore	Coimbatore Jail	1050
78	Tamil Nadu	Cuddalore	Women Prison	38
79	Tamil Nadu	Cuddalore	Central Prison	150
80	Tamil Nadu	Cuddalore	Sub Jail, Cuddalore	450
81	Tamil Nadu	Dindugal	Dindugal Jail	115
82	Tamil Nadu	Madurai	Madurai Jail	80
83	Tamil Nadu	Nagapatinam	District Prison	85
84	Tamil Nadu	Nagercoil	Nagercoil Jail	150
85	Tamil Nadu	Padukottai1	Padukottai Jail	75
86	Tamil Nadu	Padukottai	Borstal School, Puddukottai	75
87	Tamil Nadu	Palayamkottai	Palayamkottai Jail	200
88	Tamil Nadu	Pondicherry - 1	central prison	166
89	Tamil Nadu	Salem	Salem Jail	200
90	Tamil Nadu	Tanjaur	Barstal Jail	300
91	Tamil Nadu	Trichy	Trichy Jail1	90
92	Tamil Nadu	Trichy	Trichy Jail2	200
93	Tamil Nadu	Vellore	Vellore Jail1	45
94	Tamil Nadu	Vellore	Vellore Jail2	55
95	Tamil Nadu	Virudhunagar	Virudhunagar Jail	25
96	Uttar Pradesh	Varanasi	Central Jail	2000
	1		Total	104062



S. No.	State	Major Locations
1	Andhra Pradesh	Adilabad
2	Andhra Pradesh	Hyderabad
3	Andhra Pradesh	Karim Nagar
4	Andhra Pradesh	Khammam
5	Andhra Pradesh	Kurnool
6	Andhra Pradesh	Mahboob Nagar
7	Andhra Pradesh	Medak
8	Andhra Pradesh	Nalgonda
9	Andhra Pradesh	Nuzamabad
10	Andhra Pradesh	Ranga Reddy
11	Andhra Pradesh	Tanuku
12	Andhra Pradesh	Visakhapatnam
13	Andhra Pradesh	Warangal
14	Bihar	Patna
15	Chandigarh	Chandigarh
16	Chhattisgarh	Bhilai
17	Chhattisgarh	Dandagaon
18	Chhattisgarh	Dawa
19	Chhattisgarh	Dev Tikra
20	Chhattisgarh	Khamaria
21	Chhattisgarh	Lahpatra
22	Chhattisgarh	Lakhanpur
23	Chhattisgarh	Lundra
24	Chhattisgarh	Namna
25	Chhattisgarh	Nunera
26	Chhattisgarh	Pampapur
27	Chhattisgarh	Rai
28	Delhi NCR	Delhi NCR
29	Goa	Arambol
30	Goa	Balli
31	Goa	Bambolim
32	Goa	Bastora
33	Goa	Bicholim
34	Goa	Calangute
35	Goa	Codli
36	Goa	Cuncolim
37	Goa	Curchorem



S. No.	State	<b>Major Locations</b>
38	Goa	Juvem
39	Goa	Khandola
40	Goa	Mapusa
41	Goa	Marcel
42	Goa	Margao
43	Goa	Navelim
44	Goa	Pairye
45	Goa	Panjim
46	Goa	Pernem
47	Goa	Pilerne
48	Goa	Ponda
49	Goa	Porvorim
50	Goa	Quepem
51	Goa	Sanquelim
52	Goa	Vasco
53	Gujarat	Ahmedabad
54	Gujarat	Bhavnagar
55	Gujarat	Kheda
56	Gujarat	Rajkot
57	Gujarat	Surat
58	Gujarat	Surendranagar
59	Gujarat	Vadodara
60	Gujarat	Vyara
61	Haryana	Ambala
62	Haryana	Hansi
63	Haryana	Hissar
64	Haryana	Jind
65	Haryana	Karnal
66	Haryana	Panipat
67	Haryana	Rewari
68	Haryana	Rohtak
69	Haryana	Sirsa
70	Haryana	Sonepat
71	Haryana	Sonipat
72	Himachal Pradesh	Baddi
73	Himachal Pradesh	Dharamashala



S. No.	State	Major Locations
74	Himachal Pradesh	Hamirpur
75	Himachal Pradesh	Kullu
76	Himachal Pradesh	Nahan
77	Himachal Pradesh	Parwanoo
78	Himachal Pradesh	Shimla
79	Himachal Pradesh	Solan
80	Himachal Pradesh	Sundernagar
81	Himachal Pradesh	Una
82	Jammu and Kashmir	Jammu
83	Jharkhand	Bokaro
84	Jharkhand	Chaibasa
85	Jharkhand	Chatra
86	Jharkhand	Dhanbad
87	Jharkhand	Hazaribag
88	Jharkhand	Jamsedhpur
89	Jharkhand	Jamtara
90	Jharkhand	Latehar
91	Jharkhand	Lohardaga
92	Jharkhand	MORAHBADI
93	Jharkhand	Ranchi
94	Jharkhand	Saraika
95	Karnataka	Bangalore
96	Karnataka	BELLARY
97	Karnataka	Darwad
98	Karnataka	HAVERI
99	Karnataka	Hubli
100	Karnataka	KOLAR
101	Karnataka	KUMTA
102	Karnataka	Mandya
103	Karnataka	MYSORE
104	Karnataka	SHIMOGA
105	Kerala	Alappuzha
106	Kerala	Cochin
107	Kerala	Ernakulam
108	Kerala	Idukki
109	Kerala	Kannur



S. No.	State	<b>Major Locations</b>
110	Kerala	Kasaragod
111	Kerala	Kozhikode
112	Kerala	Malappuram
113	Kerala	Manjeri
114	Kerala	Palakkad
115	Kerala	Trichur
116	Kerala	Trivandrum
117	Madhya Pradesh	Bhopal
118	Madhya Pradesh	Guna
119	Madhya Pradesh	Indore
120	Madhya Pradesh	Ratlam
121	Madhya Pradesh	Ujjain
122	Maharashtra	Ahmednagar
123	Maharashtra	Akola
124	Maharashtra	Amaravati
125	Maharashtra	Ambernath
126	Maharashtra	Aurangabad
127	Maharashtra	Buldana
128	Maharashtra	Chandrapur
129	Maharashtra	Chilplun
130	Maharashtra	Dhule
131	Maharashtra	Gadchiroli
132	Maharashtra	Jalgaon
133	Maharashtra	Jalna
134	Maharashtra	Latur
135	Maharashtra	Mumbai
136	Maharashtra	Nagpur
137	Maharashtra	Nanded
138	Maharashtra	Nandurbar
139	Maharashtra	Nasik
140	Maharashtra	Parli Vaijnath
141	Maharashtra	Phaltan
142	Maharashtra	Phaltan
143	Maharashtra	Pune
144	Maharashtra	Ratnagiri
145	Maharashtra	Solapur



S. No.	State	Major Locations
146	Maharashtra	Thane
147	Maharashtra	Wardha
148	Maharashtra	Washim
149	Maharashtra	Yavatmal
150	North Apex	Amphalla
151	North Apex	East Delhi
152	North Apex	Kathua
153	North East Apex	Badarpur
154	North East Apex	Baksa
155	North East Apex	Bhubaneshwar
156	North East Apex	Bongaigaon
157	North East Apex	Dhubri
158	North East Apex	Dhuliajan
159	North East Apex	Dibrugarh
160	North East Apex	Diphu
161	North East Apex	Duliajan
162	North East Apex	Gangtok
163	North East Apex	Guwahati
164	North East Apex	Haflong
165	North East Apex	Imphal
166	North East Apex	Jorethang
167	North East Apex	Kahialipara
168	North East Apex	Karbi Anglong
169	North East Apex	Kokrajhar
170	North East Apex	Lumding
171	North East Apex	Maligaon
172	North East Apex	Nagaon
173	North East Apex	Nalbari
174	North East Apex	Namrup
175	North East Apex	Shillong
176	North East Apex	Tezpur
177	North East Apex	Tinsukia
178	Odisha	Balasore
179	Odisha	Berhampur
180	Odisha	Bhubaneshwar
181	Odisha	Chilika



S. No.	State	Major Locations
182	Odisha	Damanjodi
183	Odisha	Paradeep
184	Odisha	Raygada
185	Odisha	Rourkela
186	Odisha	Sundargarh
187	Punjab	Abohar
188	Punjab	Amritsar
189	Punjab	Barnala
190	Punjab	Bhatinda
191	Punjab	Faridkot
192	Punjab	Fatehgarh
193	Punjab	Fazilka
194	Punjab	Ferozpur
195	Punjab	Gobindgarh
196	Punjab	Gurdaspur
197	Punjab	Hoshiarpur
198	Punjab	Jalandhar
199	Punjab	Kapurthala
200	Punjab	Ludhiana
201	Punjab	Malerkotla
202	Punjab	Mansa
203	Punjab	Moga
204	Punjab	Muktsar
205	Punjab	Nabha
206	Punjab	Nawansahar
207	Punjab	Pathankot
208	Punjab	Patiala
209	Punjab	Rampura Phul
210	Punjab	Ropar
211	Punjab	Sangrur
212	Rajasthan	Ajmer
213	Rajasthan	Alwar
214	Rajasthan	Banswara
215	Rajasthan	Baran
216	Rajasthan	Bharatpur
217	Rajasthan	Bhilwara



S. No.	State	Major Locations
218	Rajasthan	Bhiwadi
219	Rajasthan	Bikaner
220	Rajasthan	Bundi
221	Rajasthan	Chittorgarh
222	Rajasthan	Dholpur
223	Rajasthan	Fatehpur
224	Rajasthan	Jaipur
225	Rajasthan	Jalore
226	Rajasthan	Jhalawad
227	Rajasthan	Jhunjhunu
228	Rajasthan	Jodhpur
229	Rajasthan	Kota
230	Rajasthan	Pali
231	Rajasthan	Phulera
232	Rajasthan	Rajsamand
233	Rajasthan	Salumbar
234	Rajasthan	Sikar
235	Rajasthan	Sirohi district
236	Rajasthan	Sri Ganganagar
237	Rajasthan	Suratgarh
238	Rajasthan	Udaipur
239	Tamil Nadu	Chennai
240	Tamil Nadu	Coimbatore
241	Tamil Nadu	Cuddalore
242	Tamil Nadu	Dharapuram
243	Tamil Nadu	Dindugal
244	Tamil Nadu	Hosur
245	Tamil Nadu	Kulithalai
246	Tamil Nadu	Kumbakonam
247	Tamil Nadu	Madurai
248	Tamil Nadu	Mailaduthurai
249	Tamil Nadu	Nagapatinam
250	Tamil Nadu	Nagercoil
251	Tamil Nadu	Padukottai
252	Tamil Nadu	Palayamkottai
253	Tamil Nadu	Pondicherry



S. No.	State	<b>Major Locations</b>
254	Tamil Nadu	Salem
255	Tamil Nadu	Tanjavur
256	Tamil Nadu	Tenkasi
257	Tamil Nadu	Thiruvallur
258	Tamil Nadu	Tiruppur
259	Tamil Nadu	Trichy
260	Tamil Nadu	Vellore
261	Tamil Nadu	Virudhunagar
262	Tripura	Agartala
263	Uttar Pradesh	Agra
264	Uttar Pradesh	Aligarh
265	Uttar Pradesh	Allahabad
266	Uttar Pradesh	Amethi
267	Uttar Pradesh	Amroha
268	Uttar Pradesh	Barelley
269	Uttar Pradesh	Bijnor
270	Uttar Pradesh	Bilari
271	Uttar Pradesh	Buland Sher
272	Uttar Pradesh	Dhampur
273	Uttar Pradesh	Eta
274	Uttar Pradesh	Faisabad
275	Uttar Pradesh	Gajrola
276	Uttar Pradesh	Hapur
277	Uttar Pradesh	Jhasi
278	Uttar Pradesh	Kasgang
279	Uttar Pradesh	Lucknow
280	Uttar Pradesh	Meerut
281	Uttar Pradesh	Moradabad
282	Uttar Pradesh	Nazibabad
283	Uttar Pradesh	Rampur
284	Uttar Pradesh	Saharanpur
285	Uttar Pradesh	Sambal
286	Uttar Pradesh	Sultanpur
287	Uttar Pradesh	Varanasi
288	Uttarakhand	Dehradun
289	Uttarakhand	Haldwani



S. No.	State	<b>Major Locations</b>
290	West Bengal	Asansol
291	West Bengal	Bally
292	West Bengal	Bankura
293	West Bengal	Bud-Bud
294	West Bengal	Burdwan
295	West Bengal	Kolkatta
296	West Bengal	Chandannagore
297	West Bengal	Cooch Behar
298	West Bengal	Darjeeling
299	West Bengal	Durgapur
300	West Bengal	Hooghly
301	West Bengal	Howrah
302	West Bengal	Kolaghat
303	West Bengal	Konnagore
304	West Bengal	Nadia
305	West Bengal	North 24, Pargana
306	West Bengal	Panagarh
307	West Bengal	Rishra
308	West Bengal	Serampore
309	West Bengal	Siliguri



# **MEDIA REPORT – A SELECTION**





#### **INDIA**

#### Maharashtra





















#### Uttar Pradesh







#### Gujarat





 સીઆઇઆઇ: આર્ટ ઓફ લિવિંગ સાથે પાર્ટનસ્શીપમાં ક્રીઆઇઆઇ ખાતે સૌ પ્રથમ વાર ઇન્ટરનેશનલ ચોગા ડે ક્રેલિબ્રેશનનું આયોજન કરવામાં આવ્યું હતું.







#### Andhra Pradesh











#### Jammu & Kashmir







#### Sikkim









# West Bengal



# শিলচরে বিজেপির যোগ শিবিরে ব্যাপক সাডা

মার্কি ক্রিক্ত মার্কি মার্কি দিবস পালন করল আর্ট অব লিভিং ব্রারক্তির সংস্থার

with the many of the control of th

# বেইমান' আতাউরকে আর দলে নেওয়া হবে না : ইউডিএফ





### লিখিত প্রতিশ্রুতির পর বদরপুরে অবরোধমুক্ত সিআরএস স্পেশাল



ন্ধমীয়া নাঠা, নির্মা, ২১ জুন র আছাবাট্টিয় যোগ নিরমন লগত সংগতি বি অগ্নিল পুরা ২ বজাত প্রগাশবাধী সাংস্কৃতিক বিকাশ ভরনত আছাবাট্টিয় গ্রাগ নিরম উদযাপন করা হয়। পলাশবাধীতিক আর্টি অর্ড লিভিত্রব পাবা, ক্ষপত্ৰ প্ৰদেশত (দায়। আনায়কে লাগতেৰ সমাজৰ বাৰজ্য নাম প্ৰথমত । গোলাক কেলপাৰক আৰুবাছিল যোগ বিলা উল্লাখন কৰে অসম । দানে কৰ কংকৰ তেকেলগমেণী নামৰ মোহাতেকী সংগঠনটোৱে। অনুষ্ঠানক । ব্যক্তিক সাথানিয়াকৈ যুৱক সমহকৰ্ষী বিষয়ে যে 'সুধীয়া চংকালভিত্ৰত কংকাশমন্ত্ৰীক প্ৰয়োগ বাৰজক সকৰ্ষনা জনায়। প্ৰায় কেল পাছনিক প্ৰকাশ জিলাক মৰিয়ামান বাস, শাক্ষক গঠন, শৰীভ্ৰকৰ ক্ষেত্ৰ, জজ্ঞা বৰণ বাস, নানবাদ যোগামী আলিয়া যোগামনৰ প্ৰতিক্ষা লয়ৰ লগতে যোগাম মহান্তাৰ লক্ত বিশ্বত বাখ্যা আগবঢ়াত্ত।







# New Delhi



#### Tamil Nadu







# Punjab



**Jharkhand** 















#### Online - India













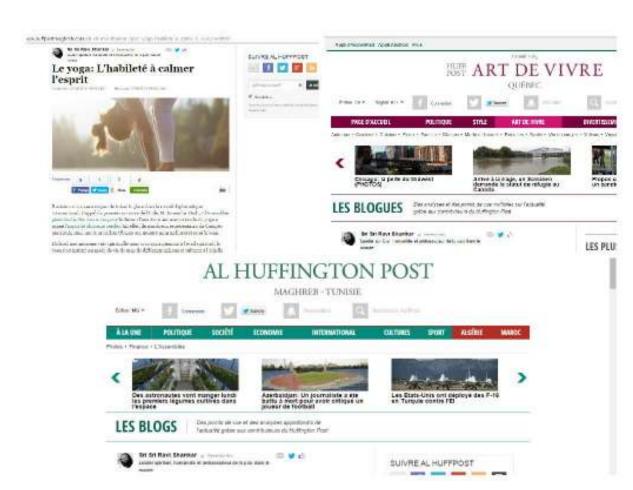




# **INTERNATIONAL**

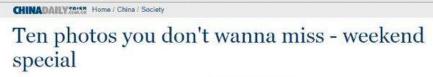
#### Canada







# China





首个国际瑜伽日 北大500人齐练瑜伽庆祝

# Middle East









# Nigeria



# At Stadium, Nigerians join Indian community in yoga celebrations



Rigerians from all wolks of Be yesterday trooped to the National Stanlary, Lagos, to onin the colorasion of the fact insurational day of riggs, a day set saids by the Union Material for wantime, but enfance from by Dring.

The congregation of nave than governed as the early morning showers to participate in the econ toggod. Year for avoid easy, jointly organized by the art of Dwing to unfold on the level Highligh Committee and Seesal International.

The event, which also featured comments from notable societymen for unlast the mentioner's Society For All Throne.

# NOC, Art of Living mark Int'l Day for Yoga



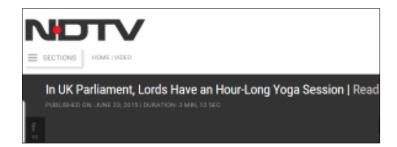
NAME THREE RESIDENCE PREMICES SPRING CREMINERS

# **United Kingdom**









#### Others





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