



PACKING LIST

- Clothing for eight days
- Underwear
- Bathing suit
- Water bottle
- Hat/bandana
- Towel
- Sweatpants
- Sneakers - students will not be able to participate in the ropes course without these
- Sandals / flip flops
- Toiletries
- Feminine hygiene products
- Toothbrush / toothpaste
- Mosquito repellent
- Shampoo, conditioner and soap
- Sunscreen
- Deodorant
- Prescription medication - will need to be given to the camp supervisor upon arrival