While all of The Art of Living, they are making people aware of and East Bardhaman, and have planted around 30,000 plants so far in government and privately owned properties, institutions, and farmlands. It is a community driven initiative involving villagers, businessmen, and other stakeholders.

Mission Green Earth Launched in WB

Volunteers of The Art of Living in West Bengal plan to plant 1 lakh trees in West Bengal as part of their Mission Green Earth initiative. Sites for planting have been identified across several districts of Bengal. They have planted around 30,000 plants so far in government and privately owned properties, institutions, and along roadways. It is a community driven initiative involving villagers, businessmen, and other stakeholders.

In Hooghly, RDO of Purusai block has joined hands with The Art of Living to plant 20,000 saplings. Volunteers have formed teams in Siliguri, Medinipur, and Purulia, and East Bardhaman, and have planted around 8000 trees so far. Through talks and presentations they are making people aware of the need to save our environment by growing more trees.

Pravin, they distributed 400 food kits and 600 dress kits to 170 families comprising 850 individuals. They cleaned temples, roads, houses and mosques in Malapuram District, and gave Onam Saadya (festival lunch) to 600 people. Our volunteers are trying to supply a few powerful torches in some colonies where wild animals, displaced by the flood, were coming at night.

Women’s Club of Surat Gift Tribals a New Lease of Life

A team of Yuvacharyas led by Prakash Gobala and Bala Gobala, The Art of Living faculty, travelled to remote tribal villages to identify physically disabled people who needed prosthetics, wheelchairs, tricycles, or calipers. Arrangements were made for their travel to Surat to attend the camp. Their food and stay was also taken care of by the organizers.

For the hearing impaired, however, help arrived at their doorstep. An audiologist travelled to the villages to examine those who were hard of hearing and gave hearing aids to 118 people. Thanks to the watershed work done by The Art of Living’s sister concern, International Association for Human Values, in partnership with Goodyear India Limited, Jaigon and ten other villages downstream in Sartara district now have abundant water. This has helped farmers in the region to double their income.

Trauma Relief Workshops for Flood Victims in Maharashtra

The Art of Living conducted over 35 trauma-relief workshops in Kolhapur and Sangli districts of Maharashtra. These workshops have helped over 25,000 people to overcome stress and trauma caused by floods in the region. Neelam Rope, a flood victim from Ambawadi, Maharashtra, says, “With the floods we lost our house, I was depressed. After the Art of Living program, there is a positive shift in my thinking.”

Desilted Canal Solves Water Problem in Ahmednagar, Maharashtra

The Art of Living Ahmednagar team carried out de-siltation of a 3 km nala in Trimbakapur, Rahari Taluka, Ahmednagar, Maharashtra, creating a water storage facility of around 2.5 Crore Liters. This will benefit over 4000 villagers in the region. The Triveni Nala was gushing with water with just 4-5 days of rain. Water has already been released for irrigation.

Mission Earth Tree Plantation

Mission Earth Tree Plantation is an initiative taken up by The Art of Living to plant one lakh saplings in West Bengal district of Bengal. The project was launched by the Chief Minister of West Bengal, Mamata Banerjee, in the presence of the District Collector and other officials. The project aims to create a green corridor along the Eastern Peripheral Expressway and conserve the natural habitats of the region.

The Art of Living, along with its sister organizations, has taken several initiatives to protect and conserve the environment. These include tree plantation drives, awareness programs, and workshops to help people overcome stress and trauma caused by natural disasters. The organization believes that by working together, we can make a positive impact on the environment and the well-being of the people.


decoding the devi worship

Yuvacharyas Congregate for Yuva Samagam in Lucknow

Debjyoti Mohanty, National Director of YLTP, Dr. Brahma Deo Ram Tiwari, IAS, Director of Panchayati Raj Department of Uttar Pradesh and Director of Mission Swachh Bharat Mission (Urban), and Chandru Prakash Mishra, former MLA Yuvacharyas from different districts of U.P. participated in the event. Many senior administrative officers and social workers of U.P. were also present on the occasion.

Throwing light on “Yog se Udyog” which was the theme of the event, Dr. Vishakha Chaturvedi, State Council Member of YLTP, said that the youth are now being trained in such a way that they are able to balance their spiritual life with their material life. Chief Guest, Dr. Brahma Deo Ram Tiwari, said in his address that successful implementation of government schemes is not possible through the sole efforts of the government but requires the support of organizations like The Art of Living, colonies, Munderi and Thaute Konipala to continue the relief operations. Serving Onam Saadya and gifting new clothes as part of relief activities, while leaving behind their families, is a new chapter in commitment by YLTP sevaks. (With inputs from Akshaya G and Syam Persiwalla)
The seven shlokas known as Devi Mahatmya, that form a part of the Markandeya Purana, is chanted during the Chandi Homam. A yajusha known as Sumedhas who consoles them and guides them to find the right path. This is followed by the Durga Homam, in accordance with the purusha-suktam. The homa-s is also decorated with special mantras, such as Bhuya navasasaya, Vastu and Siddhara, etc.

Panchamasu Vedi - The stage to place the maha kala is created. It has several parts signifying the stages of consciousness. The base of the stage is kumarsana (torso), signifying stability. Above that is saintsmasana (lion), signifying strength. Above that is gopasasana (8 Siddhas) signifying the eight yogas. Above that is mahakala (lotus), which represents the full blossoming of consciousness. The Goddess is established in this consciousness, by the establishment of kalasha.

Preparation of kalasha - The kalasha is placed in the stage. It has to be a fit representation, able to carry and absorb the energy of the deity. It has to be prepared according to the prescription of the agama-s in order to receive the spiritual energy.

Preparation of the homu kunda - The homu kunda is constructed in the eastern direction of the yamuna-s, in the form of a padmam kund (lotus).

Special decorations - the yamuna-s is decorated with two divas and patala (eight flags) with elephants on it. The decorations include lamps (a colour of a set of fly whisks), krishna, navagraha, shankha (drum) of bull), chamara (a set of fly whisks), srivasta, navurti, shanka (conch) and dipo (lamps) are installed in the inner section of yamuna-s.

What happens during the Chandi Homam?

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On September 21, 2019, Naveen Patnaik, Chief Minister of Odisha, in the presence of Guru: Sri Sri Ravi Shankar, laid the foundation stone of Sri Sri College of Ayurvedic Science and Research Hospital at Sri Sri University on September 21, 2019, Naveen Patnaik, Chief Minister of Odisha, in

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Karmayog Samagam in SSU

A ‘Karmayog Samagam’ was organized at Sri Sri University on September 21, 2019. Youth who attended the program received guidance on Project Bharat, Sri Sri Tatva, Skill Saathi, and creating employment opportunities for unemployed youth. Ever since the first YLTP (Youth Leadership Training Program) was conducted in Odisha in 2001 many developmental projects have been undertaken in rural Odisha. Many YuvaCharyas have made significant contributions in the last 18 years to develop rural areas in Odisha; 12 such YuvaCharyas were honoured at the meet for their remarkable service.

Kabaddi Competition in Kareli Badi, Chhattisgarh

The Art of Living family in Dhamtari, Chhattisgarh, in association with Bajrang Dal had organized a Kabaddi competition in Kareli Badi on September 9th and 10th. As many as 35 teams from different districts participated in the competition. Totalling over 350 players, the event drew large crowds with people coming in from the surrounding villages to cheer the teams.

Artificial Intelligence is Making Waves - in Wablewadi ZP School

Wablewadi is a village 45 kilometers from Pune in Maharashtra. The astonishingly different Zilla Parishad School here is making waves for several reasons. It is the first zero-energy school in India as it runs on solar power and has advanced science and computer labs where students are grounded in artificial intelligence and have been inventing a range of devices and systems with their technology-based education. A fraud-proof voting machine, drones, smart dustbins, and models that reduce water-usage by 90% are some of these fire up children’s inventions. Mathematics is taught in a practical way, and students have access to WiFi, tablets and the latest systems.

Navratri – Time of Deep Rest and Rejuvenation

The word “Ratri” means that which gives you deep rest. Deep rest or relief is from three things - three tapas - three types of fire - three types of botheration - the physical, the subtle, and the causal. Navratri is a time of deep rest that can relieve you from all these three types of botheration. It is a time of prayer and rejuvenation.

The School's Project 'Avishkar' has a team of teachers who select 10 models aimed to identify, explore, and nurture each child’s creative, analytical, and critical skills in the particular field the child is interested in. Surpassing the routine basic computer education, they explore diverse subjects like 3D animation, sound engineering, robotics, music, photography, motion graphics, animation, solar energy applications, video-editing, languages, and so on.

The system encourages them to explore problems, generate multiple possible solutions and choose the solution they think will best solve the problem. Creating a team and collaborating as a group are all necessary for students.

Pulling Farmers out of their Doldrums in Maharashtra

Maharashtra: The Art of Living is working hand in hand with the Maharashtra Government in implementing PoCRA (Project on Climate Resilient Agriculture) – a scheme aimed at helping farmers in the Marathwada and Vidarbha regions. The project will cover 5,142 villages across 15 most climate vulnerable districts where farmer suicides are rampant. Over 7 million people will benefit from this project.

The trained participants will be travelling to the selected villages to conduct a 16-hours program, spread over 3 days, for the villagers. They will be teaching yoga, pranayama, and meditative techniques which will help farmers overcome their stress and provide positive outlook. It is necessary to bring a shift in their mindset and drive home the message that suicide is not the answer to problems like scarce water resources and rising costs of agriculture. These problems can be overcome by adopting agricultural techniques that are suitable for the region and growing crops that are resilient to the climatic changes.

Farmers will also learn how to use scarce water resources more efficiently by adopting techniques like micro irrigation, expanding surface water storage, and facilitating aquifer recharge.

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There are now over 6,500 students with 3,500 on the waiting list. The School has won 4th rank worldwide in the “First Tech Challenge” Robotics competition, the “Design for Change” Award for its concepts, and several Best School Awards, among others. A Zilla Parishad School, in a small obscure village, with 3,500 waiting to enroll is certainly a game-changer with few parallels!
A portion of your earnings given in service, bring abundance & happiness

**SEVA TIMES**

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